

CURRICULUM VITAE

PROF. DR. JOSÉ LUIS PEREIRA

MBChB, CCFP(PC), MSc, FCFP, PhD

January 2023

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I GENERAL INFORMATION

Name: José Luis Pereira
MBChB, CCFP (PC), MSc, FCFP, PhD

Family: Married to Odéte
2 children (born 1996 & 1998)

Languages: English (fluent - preferred communication language)
Portuguese (advanced spoken and reading)
Afrikaans (fluent)
French (conversational, reading)
Spanish (basic level, conversational, reading)

Address: Hamilton, Ontario

Tel: +34-667 91 3002 or + 1-613-218 8904

E-mail: jpereira@mcmaster.ca
jlperreira@unav.es

II QUALIFICATIONS

CURRENT

- **Doctorate in Philosophy (PhD) (cum laude)**
Institution: University of Navarra, Spain
Focus: Medical Education
Date: Nov 25, 2021
2017-2021
Thesis: Building Primary Palliative Care Capacity Through Education at a National Level: Pallium Canada and its LEAP Courses.
- **Palliative Care Certificate of Added Competency in Palliative Care CFPC (PC)**
Institution: College of Family Physicians of Canada
Date: Nov 11, 2016
- **Fellow of the College of Family Physicians of Canada (FCFP)**
Institutions: College of Family Physicians of Canada
Date: November 11, 2016
- **Degree of Master of Science (MSc) – Medical Education**
Institution: University of Calgary, Alberta, Canada
Date: 2004-2005; Degree obtained November 2007
Thesis: The Development and Psychometric Assessment of an Instrument to Assess Palliative Care Competencies.
- **Certification with the College of Family Physicians of Canada (CCFP)**
Date: 1998
- **Medical Doctor (MBChB)**
Institution: University of Pretoria, Pretoria, South Africa
Date: 1982 -1987

PREVIOUS (no longer active)

- **Diplomate of the American Board of Hospice and Palliative Medicine (ABHPM)**
Institution: American Board of Hospice and Palliative Medicine
Date: 18 January 2004 - 2009
- **Diploma in Anaesthesiology (D.A.)**
Institution: College of Medicine, South Africa
Date: 1991 (not currently active)

III CURRENT APPOINTMENTS

- Jan 2023- present **Full Professor (Profesor Catedrático), Faculty of Medicine and Institute for Culture and Society (ICS), University of Navarra, Pamplona, Spain**
- Oct 2019 - present **Full Professor and Director (to Nov 2022), Division of Palliative Care, Department of Family Medicine, McMaster University**
- January 2023 - present **Scientific Advisor, Pallium Canada, Ottawa, Canada**
- June 2010 – Dec 2022 **Scientific Officer, Pallium Canada, Ottawa, Canada**
- June 2015 - present **Visiting Professor, Faculty of Medicine and Institute for Culture and Society (ICS), University of Navarra, Pamplona, Spain**
- 2006 to June 2022 **Visiting Professor, Institute of Health Sciences, Catholic University of Portugal, Lisbon, Portugal**

IV CURRENT CLINICAL APPOINTMENTS

- 2019 - present **Palliative Care Physician Consultant**
Hamilton Health Sciences, Hamilton, Ontario
Brampton Civic Hospital, Brampton, Canada
- 2019 - present **Hamilton Health Sciences (HHS), Hamilton, Ontario, Canada.**

V PAST ACADEMIC APPOINTMENTS

- 2008 - 2019 **Clinical Scientist, Bruyère Research Institute,**
Bruyère Continuing Care, Ottawa
- 2017 –2019 **Gilchrist Chair and Professor of Palliative Medicine.**
Department of Family Medicine, Queen’s University, Canada
- 2016 –2019 **Professor, Department of Family Medicine, University of Ottawa, Ottawa, Canada**
- 2016 - 2019 **Clinical Professor, Division of Palliative Medicine, Department of Family Medicine,**
McMaster University, Hamilton, Canada.
- Jun 2008 – Jun 2023 **Visiting Professor, Palliative Care Postgraduate and Master’s Program, Catholic**
University of Portugal, Lisbon and Porto, Portugal
- 2008-2016 **Professor, Division of Palliative Care, Department of Medicine, University of**
Ottawa, Ontario, Canada.
- 2006-2008 **Leenards Foundation Chair and Professor of Palliative Medicine, University of**
Lausanne, Switzerland
Division of Palliative Medicine, Department of Internal Medicine, University of
Lausanne, Lausanne, Switzerland
March 2006 to May 2008

- 2001-2006 **Alberta Cancer Foundation Professorship in Palliative Medicine, Associate Professor**
Division of Palliative Medicine, Department of Oncology, University of Calgary, Canada
March 2001 to February 2006
- 1996-2001 **Assistant Professor**
Division of Palliative Care Medicine, Department of Oncology, University of Alberta, Edmonton, Canada

VI PAST ADMINISTRATIVE APPOINTMENTS

- 2016 –2019 **Director, Research.**
College of Family Physicians of Canada, Mississauga, Canada
- 2008 - 2016 **Medical Chief, Palliative Care Services, Bruyère Continuing Care, Ottawa, and The Ottawa Hospital. Ottawa, Canada**
- 2008- 2015 **Head, Division of Palliative Care**
Department of Medicine, University of Ottawa and The Ottawa Hospital
- 2010 – 2015 **Medical Lead, Champlain Regional Hospice Palliative Care Program, Champlain Region, Ottawa, Canada**
- 2011 –2014 **Provincial Lead, Palliative Care Program, Cancer Care Ontario, Toronto, Canada**
- 2009 –2010 **Regional Palliative Care Lead, Champlain Regional Cancer Care Program, Cancer Care Ontario**
- 2006 –2008 **Chef de Service Service des Soins Palliatifs,**
Centre Hospitalier Université de Vaudois (CHUV)
Lausanne, Switzerland
- 2001-2010 **Pallium Project of Canada**
Co-Founder and co-Lead, Edmonton/Calgary/Ottawa, Canada
- 2001 – 2004 **Medical Leader, Tertiary Palliative Care Unit**
New development of new palliative care unit in large academic medical centre and cancer centre
Foothills Medical Centre and Tom Baker Cancer, Calgary, Canada
- 1999 – 2001 **Adjunct Medical Lead Tertiary Palliative Care Unit**
Grey Nuns Hospital, Edmonton, Alberta, Canada

VII PAST CLINICAL APPOINTMENTS

- 2016 - 2019 **Palliative Care Physician Consultant**
William Osler Health Services, Brampton Civic Hospital, Brampton, Ontario

- 2008 –2016 **Palliative Care Physician**
 - Attending physician, Acute Palliative Care Unit, Elisabeth Bruyère Hospital, Ottawa, Ontario, Canada
 - Palliative Care Consultant, Supportive and Palliative Care Consultation Team (Inpatient and outpatient Cancer Clinics), The Ottawa Hospital, Ottawa, Canada
 - Regional Palliative Care Consultation Team, Champlain Region, Ottawa, Canada
- 2006 - 2008 **Palliative Care Physician**
Palliative Care Service, Centre Hospitalier Université Vaudois (CHUV), Lausanne, Switzerland
- 2001 - 2005 **Palliative Care Physician, Tertiary Palliative Care Unit, Foothills Hospital, Calgary, Alberta, Canada**
- 1996 - 2001 **Palliative Care Physician Consultant, Community and Regional Hospitals, Edmonton Regional Palliative Care Program, Edmonton, Alberta, Canada.**
Visiting patients at home, community hospitals, long term care facilities.
Palliative Care Physician, Acute Palliative Care Unit, Grey Nuns Hospital, Edmonton, Pain and Symptom Clinic, Cross Cancer Institute, Edmonton, Alberta, Canada
- 1992 – 1994 **General Practitioner, Tiger Hills Medical Centre, Treherne, Manitoba, Canada**
Rural family medicine practice with obstetrics and anaesthesia
- 1991- 1992 **Physician, Edendale Hospital, Pietermaritzburg, South Africa**
Hospitalist role
- 1990 - 1991 **Medical Officer (Military Service), Department of Orthopaedics,**
Number 1 Military Hospital, South African Medical Corps, Pretoria, South Africa
- 1989 **Physician, Edendale Hospital, Pietermaritzburg, South Africa.**
Department of Obstetrics and Gynaecology, Hospitalist role

VIII EDUCATION AND TRAINING

- 2017 - 2021 **PhD. Applied Medicine and Biomedicine, University of Navarra, Spain**
- 2003 - 2006 **Masters of Science, Medical Education. University of Calgary, Alberta, Canada**
- 1997 - 1998 **Family Medicine Residency. Department of Family Medicine, University of Alberta, Edmonton, Canada**
- 1995 - 1996 **Clinical and Research Fellowship in Palliative Medicine. Division of Palliative Medicine, University of Alberta, Edmonton, Alberta, Canada**
- 1990 - 1991 **GP Anesthesia. Edendale Hospital, Pietermaritzburg, South Africa**
- 1988 **Rotating Internship: Edendale Hospital, Pietermaritzburg, South Africa**
- 1982-1987 **Medical Doctor Training. University of Pretoria, South Africa**

IX LICENSURE

- **College of Physicians and Surgeons of Ontario (CPSO).** 2008 to present
- **Ordem dos Medicos de Portugal,** Lisbon, Portugal. 2018 to present (provisional: to be fully activated if starting practice in Portugal)
- **Swiss Health Ministry. Licence to practice medicine & medical degree equivalence.** 2008
- **Canton of Vaud, Switzerland. License to practice Medicine at CHUV.** Date: 2006 - 2008.
- **College of Physicians and Surgeons of Alberta, Canada** Date: 1996 - 2009.
- **College of Physicians and Surgeons of Manitoba, Canada.** Date: 1992 - 1995.
- **General Medical Council, United Kingdom #3599055.** Date: 1991 – 2003.
- **South African Medical & Dental Council, South Africa.** Date: 1988 - 1994.
- **Medical Degree equivalency, University of Lisbon, Portugal.** Date: 1993
- **Licentiate Medical Council of Canada, Canada (LMCC).** Date: 1993
- **MCQE Medical Council of Canada Qualifying Exam, Canada (MCQE).** Date: 1992

X CONTINUING PROFESSIONAL DEVELOPMENT: HIGHLIGHTS

I have consistently met the annual and cyclical continuing professional development (CPD) hours and credits requirements for ongoing certification with the College of Family Physicians of Canada's (MainPro Program). These have included annual attendance at various national and international palliative care and primary care conferences as well as conferences and workshops in other areas such as research, education and leadership. The following are special CPD highlights:

- **PhD in Medical Education. 2017-2021. University of Navarra, Spain**
- **Summer Health Education Course, Maastricht University, Netherlands.** 25 – 29 June, 2018
 - Update on principles and approaches to problem-based learning (PBL) and case-based learning (CBL), curriculum development and medical education research.
- **ASPIRE Course, Teaching Quality Improvement in Medical Residency Programs, Royal College of Physicians and Surgeons of Canada,**
 - 28 November- 1 December 2017, Ottawa, Canada
 - Integrating quality improvement (QI) in the curricula of Canadian residency programs.
- **The Canadian Foundation for Healthcare Improvement's Executive Training for Healthcare Improvement (EXTRA) Program.**
 - Fellow, May 2014 - June 2015.
 - The EXTRA program for healthcare improvement develops capacity and leadership to optimize the use of research evidence in managing Canadian healthcare organizations. It gives participants the skills and knowledge to become change agents in healthcare improvement. It offers unique opportunities for participants to conduct evidence-informed improvement projects in their organizations, with the goal of enhancing patient outcomes, quality of care and cost-effectiveness.
- **Health Quality Ontario (HQO): Quality Improvement Facilitator training.**
 - Bruyère Continuing Care. Ottawa, May 5 - 7, 2014.
- **Physician Management Institute (PMI) Courses, Canadian Medical Association (CMA):**

- 2014 – Dollars and Sense
 - 2014 – Conflict Management and Negotiation
 - 2012 - Leading change and Innovation
 - 2012 - Crucial Confrontations
 - 2012 - Prescribing Quality Improvement
 - 2009 - Leadership and Professional Development
- **Ottawa Hospital Research Institute (OHRI) ITP Investigator Training Program. 2010**
 - **Physician Leadership Program, The Ottawa Academic Health Sciences and The Ottawa Hospital. May 2009**
 - **Fellowship, Academic Technologies for Learning (ATL), University of Alberta (1999)**
One year fellowship on the use of the Internet to support learning and curriculum design.

XI AWARDS / DISTINCTIONS

- **Best Lecturer, Surgical Foundations Course, Department of Surgery Residency Program, McMaster University. June 2021**
- **Best Non-Profit Organization for 2020; The Best Ottawa Business (BOBS) Awards**
Awarded to the Pallium Canada Team (J Pereira is co-founder and Scientific Officer). Presented by The Ottawa Board of Trade and the Ottawa Business Journal for a non-profit organization that is making a difference in Ottawa and across Canada. Nov 25, 2020.
- **Best Abstract. 15th World Congress of the European Palliative Care Association. Madrid, Spain, 18 May 2017.**
Pereira J, et al. Building Primary-Level Palliative Care Capacity Through Education across Canada: The Pallium Canada Experience.
- **Best Continuing Professional Development Program for 2016. The College of Family Physicians of Canada (CFPC).**
Jose Pereira, Kathryn Downer, and the Pallium Canada Team. Learning Essential Approaches to Palliative and End of Life care (LEAP). Awarded for an outstanding design, development and implementation of a MAINPRO accredited educational program that has provided an exceptional learning experience to practicing or practice-eligible CFPC members. Presented in October 2016
- **Queen Elizabeth II Diamond Jubilee Medal. October 2012**
For significant contributions to Canada and Canadians. Awarded by The Governor General of Canada on behalf of Queen Elizabeth II.
- **2012 Annual Award of Excellence, Ontario Medical Association's Section on Palliative Medicine.**
Toronto, Canada. April 2012
- **Canadian Palliative and Hospice Care Association Award of Leadership 2006.**
To recognize outstanding dedication and leadership to the cause of advancing hospice palliative care and quality of life for all Canadians. Aherne M, Pereira J, Chary S and the Pallium Project Team. September 2006

- **Queen Elizabeth II Golden Jubilee Medal. September 2002**
For significant contributions to Canada and Canadians. Presented by Senator Sharon Carstairs (Leader of the Canadian Senate) on behalf of the Governor General of Canada, Adrienne Clarkson and Queen Elizabeth II. September 2002
- **Canadian Palliative and Hospice Care Association Award of Excellence. 2002**
National award for outstanding achievements in the field of Hospice and Palliative Care in Canada and exemplary efforts to advance Palliative Care in Canada. September 2002
- **Best Oral Paper Award, Academy for Innovation in Medical Education (AIME), University of Ottawa. 2015**
AIME Medical Education Research Day, Ottawa. **Pereira, J.**, Tucker, T., Grassau, P., Daly, S., Bush, S.H., Gravelle, H. (2015). The Coached Simulated Patient Encounter (C-SPE): Exploring Its Role in Palliative Care Education for Medical Residents. April 2015
- **Jeff Turnbull Healthcare Advocacy Award**
Department of Medicine, Faculty of Medicine, University of Ottawa. October 16, 2014
- **Best Poster Award, Academy for Innovation in Medical Education (AIME), University of Ottawa 2013**
AIME Medical Education Research Day 2013. **Pereira J**, Grassau P, Weaver L, et al. A Systemic Review of Palliative Care Education Assessment Instruments. April 5, 2013
- **Certificate of Appreciation, The Ottawa Hospital, Ottawa 2012**
In Recognition for Exceptional Dedication to the Successful Implementation of the Regional Cancer Centre Project November 28, 2012
- **Emerald Group Publishing (U.K.), Literary Network's Outstanding Paper Award for 2009**
Leadership in Health Services Journal. Aherne M, & Pereira J. (2008). Learning and development dimensions of a pan-Canadian primary health care capacity-building project. Leadership in Health Service. 21(4), 229-266.
- **1st Prize, Best film, Health Care Education Category, FilmEd Film Festival 2008;**
Festival d'Amiens, (France). Video Reflexives: Formation interactive en soins palliatifs (Première partie: les proches) Health-related audiovisual materials to advance health care and healthcare education
Project lead: José Pereira; Project Manager: Thierry Currat. September 2008
- **Most Innovative Project Prize; Swiss Palliative Care Society. Sept 2007**
Changing Health Professionals' Attitudes to communicating with Terminally ill Patients and their families using Reflective Videos. Winterthur, Switzerland. Prize: 1000CHF
- **Golden Letter Award for Excellence in Undergraduate Education in the Aged and Elderly Course. March 2005**
Undergraduate Program, University of Calgary.
- **Finalist. Venture E-Awards. Continuous Learning Category. Edmonton. Canada Feb 2004**
Pallium Project. Pereira J and Aherne M.
- **Award of Excellence in Education, Department of Oncology, Faculty of Medicine, University of Calgary May 2004**
- **Clinical Specialist Teaching Award. June 2003**
Family Medicine Residency Program, University of Calgary, Canada.

Recognition of outstanding contribution & commitment to clinical teaching of Family Medicine residents

- **Star Award of Excellence in Education and Research. May 2003**
Faculty of Medicine, University of Calgary
- **Zachariah Thomas Memorial Lectureship Award Oct 2000**
The Canadian Cancer Society; Saskatchewan Division, Canada
- **Wyeth Prize for Innovations in Palliative Care in Alberta 1995**
Founder and developer of the palliative care web-site www.palliative.org . One of two first palliative care websites in the world.

XII LEADERSHIP IN HEALTH SERVICES, RESEARCH AND QUALITY IMPROVEMENT: HIGHLIGHTS

International

- **African Palliative Care Association (APCA). Co-founder of APCA, 2002. Member of the Board of Directors, Kampala, Uganda. 2016 to 2022.**
- **Invited participant/fellow, Salzburg Global Seminar; The Dartmouth Institute. Rethinking Care Toward the End of Life. Salzburg, Austria. 14-19th of December, 2016**
Invited member of the Canadian delegation (Canadian Foundation for Healthcare Improvement).
- **Establishment of a Regional Palliative Care Program in the Autonomous Region of Madeira, Portugal. (2010-2012)**
Advisor to Portuguese clinical leaders and the Health Ministry of Madeira in Portugal to advise the development of a regional palliative care program in the region, the first in Portugal.
- **World Health Organization (WHO) South African Palliative Care Project. (2005)**
Invited by the WHO Palliative Care Program to serve as advisor for a WHO Project to support palliative care in Southern African countries.
- **Canadian International Development Agency (CIDA) South African Hospice Project. (2002-2005)**
Collaborated with South African palliative care colleagues and the Canadian Hospice Palliative Care Association to successfully submit a business case for \$5 million from CIDA to support mobile palliative care teams in South African rural regions.
- **African Palliative Care Meeting, Cape Town (2002)**
Invited as co-facilitator in the establishment of a continent-wide Palliative Care Association for Africa.
- **International Association for Hospice and Palliative Care (IAHPC); Task Force on the Internet and Technology (2001.)**
Invited by the IAHPC to chair a review and provide recommendations on the use of the Internet by the IAHPC.
- **www.palliative.org (1995-present)**
Founded the first palliative care website in the world (founded in 1995), on behalf of the Edmonton Regional Palliative Care Program.

National

- **Pallium Canada COVID-19 Webinar Series (Started 3 April 2020- ongoing)**
Initiated and co-organized a series of national webinars (24 to date as of Feb 2021), in English and French, designed to share emerging insights, experiences and solutions related to the delivery of palliative care across different settings during the COVID-19 pandemic. Hosted by Pallium Canada. An average of 320 participants, mainly health care professionals from different professions and administrators, participated in each webinar (range 120 to 750) with registrants from across the whole of Canada and 15 countries internationally. The series have used a presentation and panelist format with presenters/panelists from across Canada (all provinces and territories represented) who have been at the forefront of providing palliative care and organizing services across the provinces. Series can be accessed at <https://www.pallium.ca/pallium-canadas-covid-19-response-resources/#additional-resources>
- **Practice Improvement Initiative (Pii) of the College of Family Physicians of Canada. 2017 to 2019**
Led the development and implementation of this large pan-Canadian initiative that aims to advance quality improvement (QI) in Family Medicine Residency Programs and Family Medicine in general across the country. This has involved a large participative process that has solicited input from many stakeholder organizations and individuals from across Canada, representing, amongst others, Departments of Family Medicine, Provincial Health Quality Councils, Provincial Chapters of the College of Family Physicians of Canada, Provincial and Territorial Government Health Ministries, and international colleagues. Amongst the key activities have been the development of learning objectives for residency programs to support the QI and research-related competencies in CANMEDs-FM; the development of a QI workshop to introduce residents, family physicians and primary care teams to QI principles and methods (Called Practice Improvement Essentials – PIE); a large pan-Canadian QI in Primary Care Invitational Symposium to promote inter- and intra-provincial collaborations to enhance QI in primary care; a Guide on advocating for and integrating into practice quality improvement practice facilitators; and a Guide on Teaching Quality Improvement in Family Medicine Residency.
- **Faculty, Canadian Institute of Healthcare Improvement (CFHI), EXTRA Program of leadership in Healthcare and implementing change in the healthcare system (2016-2017 cohort). Ottawa, Canada**
Advisor and faculty member on palliative care.
- **Competencies for specialist palliative care teams in Switzerland (2006 to 2008)**
Initiated and led the development of competencies required by specialist palliative care teams in the cantons of Vaud and Geneva, to standardize practices and training across these teams. Used a DACUM approach. This approach was then adopted nationally for the development of competencies for palliative care teams throughout Switzerland.

Provincial

- **Member. Palliative Care Health Services Delivery Framework Working Group. Recommendations for a Model of Care to Improve Palliative Care in Ontario. Ontario Palliative Care Network (OPCN). Published**

April 2019. (See

<https://www.ontariopalliativecarenetwork.ca/sites/opcn/files/OPCNHSDFRRecommendations.pdf>)

- **Clinical Council Member, Provincial Hospice Palliative Care Clinical Steering Committee, Ontario Declaration of Partnership, Toronto, Ontario.** June 2014–Sep 2015.
- **Established and Co-Chaired Ontario Provincial Palliative Care Unit Workgroup (2015-2016)**
Initiated and co-led the Ontario Palliative Care Unit (PCU) Workgroup to address challenges faced by PCUs in the Province.
- **Cancer Care Ontario’s INTEGRATE Project (2014-present)**
Designed and initiated the implementation of this project in three regions of Ontario and the Quebec City region. The project aims to identify patients who could benefit from a palliative care approach earlier, integrate their family physicians and primary health care providers earlier in the care and improve transitions of care from cancer centres to the community
- **Standardized Symptom Screening across Cancer Centres in Ontario (2011-2013)**
Co-led the process at Cancer Care Ontario to broaden standardized, system-wide symptom screening and functional assessment across all 14 Cancer Centres in the province using the Edmonton Symptom Assessment System (ESAS) and the patient-self-reported ECOG Functional Status tool. The system had initially been implemented in 2008/2009 and required broader implementation.
- **Advanced High Quality, High Value Palliative Care in Ontario; A Declaration of Partnership and Commitment to Action (2011)**
Participated as workgroup member in the Ontario Ministry of Health and Long Term Care’s initiative to review palliative care in the province and to develop recommendations to improve palliative care in the province
- **Ontario Medical Association’s (OMA) Palliative and End-of-Life Care Initiative (2014)**
Served as committee member of OMA’s initiative to improve palliative care in Ontario.

Regional and Local

- **External Review, Palliative Care Delivery and Access to Palliative Care Across the Whole Region, Grand River Hospital Group and Kitchener Waterloo (KW) Cities and Region, Ontario, Canada. Nov 2022 to March 2023**
Leading a team of palliative care and health services experts to undertake an extensive external review of palliative care services in the Grand Rivers Hospitals and KW region with the goal of providing recommendations to the hospital and the region on how to improve access for its community and citizens to palliative care. Commissioned through a successful submission to a RFQ (Request For Quote). Other team members include Dr. Leonie Herx (Queens University), Prof Denise Marshall (McMaster University), Dr. Lynn Meadows PhD (University of Calgary), Dr Martin Chasen (University of Toronto and McMaster University), Dr. Karim Manji (McMaster University).
- **COVID-19 Hamilton Palliative Care in the Community Task Group. (April 2020-September 2020)**
Co-leads: Paul Miller, Jose Pereira, Ruth Morris. Project Manager: Jeff Wingard
Group struck by the Hamilton COVID-19 Task force to help coordinate palliative care delivery in the community during the pandemic. Palliative care resource maps developed were integrated in to Hamilton Family Medicine (HFAM) COVID-19 Resources.
- **Division of Palliative Care Community Group Responding to the COVID-19 pandemic (March 2020 –**

present).

Co-established with Dr. Erin Gallagher, then participated in, a group of 15 palliative care clinicians across the Hamilton Niagara Haldimand Brant LHIN Region to identify needs and solutions to address the COVID-19 pandemic palliative care needs in the community. Met weekly from March 2020 to May 2020, then monthly since.

- **COVID-19 Clinical Guidelines for Palliative Sedation, Management of Pain, Management of Other Symptoms**
Convened and led an interprofessional group of palliative care clinicians to develop evidence- and best-practice informed (with input from colleagues from Spain and Italy) guidelines to palliate COVID-19 symptoms. Work started on March 20, 2020, and the guidelines were published and accepted by HHS Expert Council April 21, 2020. Available at <https://fhs.mcmaster.ca/palliativecare/COVID19Resources.html>
- **PPE in the Home and Virtual Care Webinars. Division of Palliative Care, Department of Family Medicine. McMaster University**
Convened and co-organized the Division's work on developing guidelines for donning and doffing PPE in the home and on providing Virtual Care. Organized two webinars at the end of March 2020, with various Division members presenting.
- **QI Stick and Stay at Bruyère Continuing Care (2014-2015)**
Partnered with three colleagues (Lynda Weaver, Dionne Sinclair and Isabelle Bosse) to develop a strategy for Bruyère Continuing Care to ensure that quality improvement (QI) projects are maintained after being initiated.
- **System To Manage Access Referrals and Triage (SMART) for the Palliative Care Unit and Hospices in Ottawa (2013-2015)**
Initiated and co-led the development of a single-point referral process and system (online) for Ottawa's palliative care unit and the residential hospices to ensure the right patient is admitted to the right place of care.
- **Hospice Care Ottawa and a Hospice Plan for Ottawa 2012**
Initiated and participated in the merger of hospice services in Ottawa and the development of a plan to maintain and grow hospice services, specifically hospice beds, in Ottawa.
- **Regional Palliative Care Consultation Team (RPCT) 2012**
Initiated and participated in the development of a single community-based palliative care consultation team for the whole Champlain region by merging the physicians and the advanced practice nurses of the Pain and Symptom Management Service and the palliative care Nurse Practitioners of the Champlain Community Care Access Centres (CCAC).
- **Standards and Indicators for Champlain Region 2012-2013**
Initiated and co-led the development of standards for hospice palliative care services and delivery in the Champlain region and the indicators to measure system performance in the region.
- **Rural Hospice Palliative Care Framework for Champlain Region 2013-2014**
Initiated and co-led the development of a framework for the development of hospice palliative care in rural regions of the Champlain Local Health Integration Network (LHIN) region.
- **Expected Death in the Home (EDITH) Protocol in the Champlain Region (2012-2013)**
Initiated the implementation of the EDITH protocol in the Champlain region. EDITH was adopted from other regions in Ontario.

- **Establishment of the Champlain Regional Hospice Palliative Care Program in 2010**
Initiated and co-led the development of a Regional Palliative Care Program in the Champlain Local Health Integration Network (LHIN) region of south eastern Ontario (300kx80km; population of 1.2 million) to coordinate the development and implementation of hospice palliative care services in the region; the first regional palliative care program in Ontario.
- **Realignment of Acute Palliative Care Unit (2009-2013)**
Initiated and co-led the change of the Elisabeth Bruyère Palliative Care Unit from an end-of-life care unit with a mixture of high and low complexity patients to an acute palliative care unit with much shorter lengths of stay, higher turnover, increased number of admissions and higher acuity.
- **Academic Family Health Team (FHTs) Palliative Care Project (2010 to 2014)**
Initiated and co-led a project to increase the involvement of, and support for, four family medicine clinics in Ottawa (teaching clinics) to provide primary-level palliative care to their own patients.
- **Development of the Division of Palliative Care's Research Program, University of Ottawa and Bruyère Research Institute (2008 to 2014)**
Led the development of the Division's Research Team and the establishment of research streams and teams.

XIII LEADERSHIP IN EDUCATION: HIGHLIGHTS

International

- **Visiting Professor, The Art of Medicine and End-of-Life Decision-Making Course, Faculty of Medicine, University of Navarra, Spain (June 2015 to present)**
Developed and implemented a new curriculum with Prof. Carlos Centeno of the University of Navarra. The course is a 1 week course for medical students of all six years of medicine. The course integrates the art of medicine, with key topics such as pharmacology, physiology, communication and decision-making, using palliative care and end-of-life as the platform for learning. It brings in the use of arts and humanities by being presented at the University of Navarra's Modern Art Museum. The course has been one of the highest ranked courses by medical students across all six years of medical undergraduate training at the university.
- **All-Ireland Institute for Hospice and Palliative Care Launch, Dublin and Belfast, Ireland (2011-2015).**
International advisor.
- **Visiting Professor, Masters Degree in Palliative Care, Catholic University of Portugal (2008 to present)**
Have been on faculty of this course since 2008. In 2016/2017 co-led a complete reorganization and redesign of the course to meet the Bologna Accreditation requirements for Europe.
- **"Online Guide", University of Calgary (2003-2005)**
Co-developed and taught a new online course to introduce and orient faculty to facilitation of online courses; a partnership between the Division of Palliative Care and the Learning Commons at the University of Calgary. Palliative care educators from across Canada, Spain, Wales (UK) and Argentina enrolled in the program

National

- **Pallium Canada and the Learning Essential Approaches to Palliative Care (LEAP) Courses (2000 to present)**

In 2002 I co-founded the pan-Canadian Pallium Canada Program with Mr. Michael Aherne. The program's goal is to build primary-level palliative care capacity by diffusing the palliative care approach across different professions and different settings of care. It has evolved into a Foundation, governed by a Board of Directors, with pan-Canadian outreach to every single province and Territory. It has also been used in different ways in several countries, including the Caribbean, Japan and Portugal. The main vehicle for diffusing the palliative care approach are the LEAP courses, of which there are now several versions targeting different settings of care and disease groups, including LEAP Core and LEAP Mini for community settings, LEAP LTC (Long Term Care), LEAP Hospital, LEAP Onco, LEAP Paediatrics, LEAP Renal, LEAP ED, LEAP Hospital, and LEAP Paramedics. Others such as LEAP Heart and LEAP Liver are being developed and LEAP Lung is being planned. Pallium Canada has also undertaken other capacity building projects related to palliative care delivery in Indigenous Communities, Rural and Northern Canada, and Faith Groups, amongst others. In addition, the Program has developed and distributed other products such as the Pallium Palliative Pocketbook (over 40 000 distributed across Canada and adapted into Japanese for use in Japan). In recent years, the program has evolved into a health systems change agent, with the LEAP courses incorporating health systems change approaches and the addition of a compassionate communities program with toolkits to help communities develop these communities. The courseware has also been adopted in various undergraduate and postgraduate programs across Canada, including medical and nursing schools and medical residency programs. There has been an exponential growth in course delivery across the country; in 2018 alone over 330 courses were delivered to over 7000 learners across Canada. This spread has been made possible by a Train-the-Trainer model and a bespoke online learning management system. Pallium Canada has been at the forefront of several innovations, including interprofessional education in continuing professional development (CPD), a large facilitator certification program and integration of palliative care across disease groups and different settings. The LEAP courseware have been integrated into several provincial projects and programs, including Cancer Care Ontario's INTEGRATE Project and Nova Scotia's Paramedics Program. I have been involved throughout the years in a leadership role and have served as Chief Scientific Officer from its inception. Other sub-projects included, among others:

 - Translation of the National Caregivers Guide into Inuktitut for Northern Indigenous peoples;
 - "In Our Own Voices" Program (for health care professionals working with aboriginal peoples);
 - Protocols for central provincial palliative care telephone call-in services;
 - A Training program for Chaplains working in Palliative Care Services;
 - "Conversations on End-of-Life Care", monthly CPD events delivered by telephone conferencing for health care professionals in rural and remote regions.
- **Clinical Lead and Scientific Advisor. *Horizons of Hope*.** A national toolkit for Canadian Catholic Parishes to educate parishioners on palliative and end-of-life care and to create compassionate Communities. Canadian Conference of Catholic Bishops (CCCCB). Ottawa, Canada. Launched November 2021. <https://www.cccb.ca/faith-moral-issues/suffering-and-end-of-life/horizons-of-hope-a-toolkit-for-catholic-parishes-on-palliative-care/>
- **COVID-19: An Orientation for Palliative Care Clinicians. Pallium Canada. Launched April 2020.**

Initiated and led a group of palliative care experts (Amit Arya, Denise Marshall) to develop two COVID-specific palliative care modules for all health care professionals in response to the COVID-19 pandemic. *Palliative Care for COVID Illness – Module A* and *Palliative Care for COVID Illness – Module B* are available for free to all health care professionals either as a recorded webinar or in PowerPoint format. The modules are self-directed.
- **Pallium Canada's Adaptation of its Learning Essential Approaches to Palliative Care (LEAP) courseware for entire virtual delivery in response to the COVID-19 pandemic. (March 2020 to ongoing)**

Led the adaptation of the LEAP courseware, with the Pallium team, for complete virtual delivery. Worked with various subject matter experts across the country to make the courseware available to health care professionals. This included:

- Pallium Canada's self-learning online modules (a series of 15 interactive, self-learning modules). Activate in the third week of April 2020. Over 20 000 health care professionals and medical and nursing students and residents have completed all or some of the modules as of December 2020.
- Adapting the interprofessional LEAP Core, LEAP LTC and LEAP Lung courses (1-to-2-day courses) to full virtual delivery, including the self-learning modules (see above) and 4 interprofessional webinars per course. Groups limited to 30 people. A train-the-trainer program was developed to train palliative care clinicians and educators on delivering the courses virtually. The first courses started being delivered in May 2020, To date, over 1700s health care professionals have participated in the courses. In February 2021 alone, 27 courses will be delivered across Canada.
- **Practice Improvement Essentials (PIE) Parts 1 and 2 Workshops, College of Family Physicians of Canada. 2018 to 2019.**

Lead the development, using a rapid prototyping approach, of the PIE workshops to help family medicine residency programs introduce QI in their curricula and to support QI continuing professional development for family physicians in practice. This work has involved considerable collaboration with QI experts across the country, as well as residency program QI and research leaders.
- **Palliative Training of all paramedics in Nova Scotia and Prince Edward Island (2015-2017)**

Paramedic educators in Nova Scotia and Prince Edward Island collaborated with the Pallium Project of Canada to develop a standardized one-day long course to train all paramedics in these provinces in palliative care. I co- led the process of establishing the palliative care competencies for paramedics and the curriculum development of the Learning Essential Approaches to Palliative Care (LEAP) Paramedics which supported the project. Using a train-the-trainer approach, over 1000 paramedics were trained. Within 18 months, the project reduced the number of "palliative" patients transferred from home to emergency rooms when paramedics were called to the home by 22% and 35% in Nova Scotia and PEI respectively and reported a net savings to the health care systems of over \$ 3 million.
- **Swiss Palliative Care Education Levels (2006-2007):**

Co-led the redevelopment of palliative care education Levels for Palliative Care health professionals in Switzerland; a project of SwissEduc, the education committee for the Swiss Palliative Care Society.
- **Palliatifs Flash, Switzerland (2006-2008)**

Initiated and edited a monthly palliative care continuing education newsletters for all primary health professionals in the Canton of Vaud, Switzerland.
- **Educating Future Physicians in Palliative and End-of-Life Care (EFPPEC) Project (2004 to 2008)**

Co-founded and initiated this National project (from 2004 to 2005), hosted and administered jointly by the Canadian Hospice and Palliative Care Association (CHPCA) and the Association of Faculties of Medicine of Canada (AFMC). The \$1.25 million, 4-year project aimed to introduce palliative care competencies and content in all of Canada's Medical Schools, particularly the undergraduate curricula.
- **Co-chair, National Education Committee of the Federal Canadian Secretariat for Palliative Care, Health Canada. (2001-2005)**

Our committee developed the initial primary-level competencies for palliative care (later became the EFPPEC undergraduate and postgraduate competencies promoted by the Canadian Faculties of Medicine of Canada (AFMC). We also advocated for the EFPPEC Project (see above).

Provincial

- **Cancer Care Ontario INTEGRATE Project (2014-2016)**

Project to integrate palliative care earlier and across the illness trajectory at 4 Cancer Centres in Ontario and one in eastern Quebec. Oncology teams were trained using LEAP Onco courses and family medicine clinics in rural regions connected to the cancer centres also underwent LEAP Core training. The project has demonstrated increases in the early identification of patients with palliative care needs across the participating cancer centres and family medicine clinics.

- **CCO Mentorship Project (2012-2013)**
As provincial Palliative Care Lead for Cancer Care Ontario (CCO), implemented and oversaw, with the CCO Palliative Care team, a project in 8 of Ontario's regions, to train primary-level professionals, using the Pallium LEAP course, and local palliative care teams to supervise and support local primary care professionals.
- **RURNet Palliative Care Project, Alberta, Canada (2002-2006)**
Led the development of the Palliative Care RurNet project in Alberta, Canada to develop a palliative care education program for rural-based family medicine residents at the University of Calgary and the University of Alberta using a hybrid approach of classroom-based, online and bedside learning. Project was sponsored by the Alberta Rural Physicians Action Plan (RPAP).
- **PallCare EdNet Project (1999)**
Initiated and co-led the development of an interdisciplinary online pilot course on palliative care for rurally-based physicians, nurses and pharmacists. This became the first online course in Canada to receive MainPro C CME credits from the College of Family Physicians of Canada. Funded by Alberta Government (\$90,000)

Regional and Local

- **"Difficult Discussions, Better Decisions" Course on Communicating about Palliative and End-of-Life Care (2011-2015)**
Initiated and led the development of a 4-hour course to train residents and physicians on conducting palliative and end-of-life care discussions. The Project involved developing over 15 trigger video tapes using an approach called ("Not Quite Right" videos) and the curriculum consists of these videos as well as simulated patient encounters with actors. The course is now integrated in Faculty of Medicine's Internal Medicine Residency Program at the University of Ottawa.
- **Coached Simulated Patient Encounters (CSPEs) (2010-2013)**
Led a project to modify Objective Structured Clinical Examinations (OSCEs) into a different format used for training and formative evaluations. It relies on a coaching approach by faculty, rather than the traditional examination style. The stations developed are now being used to train residents and in the Difficult Discussions Course.
- **"Not Quite Right" (NQR) Videos" (2004; 2009 and 2011/2012)**
Co-developed an approach to developing short educational trigger videos (each 1 to 3 minutes long) called "ill-structured videos" and later renamed "ill-structured videos". The approach relies on filming vignettes that neither display very poor or excellent communication techniques, but rather show a combination of two and mediocrity. Experience showed that this approach generated more discussion amongst learners than either the "excellent" or the "bad". This approach was also used in the development of a series of similar education videos in Switzerland, in French. These videos are now being used by Pallium Canada as part of its "Essential Conversations" Module.
- **Education Strategy for Champlain Region 2013-2014**
Initiated and participated in the development of a Palliative Care education strategy for the Champlain Region in Ontario, specifically with the goal of improving primary-level capacity to provide palliative care.

- **E-Portfolio facilitator, Undergraduate Program, Faculty of Medicine of University of Ottawa 2010-2013**
Participated as a facilitator in this program Undergraduate Program at the Faculty of Medicine, University of Ottawa.
- **“Savoir Etre”: Cours Sur Humanisme (On Being a Humanistic Physician) (2006-2008)**
Co-instructor, 2nd Year Medical students -6 hrs annually: University of Lausanne, Switzerland
- **Séminaire “Medecine et soins palliatifs”, L’Unité d’Introduction à la démarche clinique (UIDC) (2007/2008)**
Co-led and taught in the development of a new course for 4th year medical students at the University of Lausanne, Switzerland (2 hours)
- **Curriculum mapping of Palliative Care Content in Undergraduate Curricula of Swiss Medical Schools and Palliative Care curriculum reform (2007)**
Co-led a national study that assessed palliative care content in the curricula of all Swiss Medical Schools and initiated curriculum reform across these schools.
- **Academic Bus Rounds, Edmonton (1996-2001)**
Co-led and coordinated the Edmonton Regional Palliative Care Program’s Palliative Academic Bus Rounds. This unique form of academic rounds was community based and members of the regional palliative care consultation service, accompanied by learners (medical students, residents and nursing students) were taken from home to home in a small bus. Difficult cases were presented to obtain input from the whole team.

XIV RESEARCH AND PROJECT FUNDING & GRANTS

- **E-Learning on Palliative care for International Students: ELPIS Project. KA220-HED - Cooperation partnerships in higher education. Erasmus+ Program, European Union.**
Project Lead and PI: **Prof. Fabrizio Consorti** (Universita Degli Studi di Roma La Sapienza, Rome, Italy)
Co-Investigators: **Dr. Silvia Varani, Prof. Guid Biascio, Dr. Luca Franchini** (Fondazione ANT Italia Onlus, Bologna, Italy); **Prof. Frank Elsner, Martin Lemos, Dr Alexandra Sherg** (Rheinisch-Wetfaelische Technische Hochschule Aachen, Aachen, Germany); **Dr. Daniela Mosoiu** (Hospice Casa Sperantei, Bucharest and Brasov, Romania); **Prof Carlos Centeno** (Universidad de Navarra, Pamplona, Spain); **Prof. Jose Pereira** (McMaster University, Hamilton, Canada); **Dr. Agnes Csikos** (PECSI Tudományegyetem-University of Pécs, Pécs, Hungary).

The main goal of the ELPIS project is to promote and enhance palliative care education in undergraduate medical training across the European Union by, amongst others, harnessing virtual learning methods and faculty development in this area. The ELPIS project has five intertwined objectives: 1) to promote the design of online undergraduate medical education programs on PC, through the development of a theoretical educational framework; 2) to promote effective implementation of online programs on PC, through the development of practice guidelines that are flexible enough to be adapted to local cultural, contextual and curriculum realities; 3) To spread sharable educational resources in different European languages; 4) to study the impact of an online palliative care education program; and 5) to design and implement faculty development programs to sustain the design of curricula in PC and the use of the educational resources.
TOTAL: €399 597.00 Euros over 3 years (For McMaster University: Euros €65 208.00 Euros)
Start: 28 January 2022.
End: 27 January 2025

- **Project ECHO: Increasing Primary Care Competency in Palliative Care Across Canada**
Applicant: Jeff Moat (CEO, Pallium Canada)
Co-applicants: Jonathan Faulkner (VP Operations, Pallium Canada), Dr. Jose Pereira (Scientific Officer, Pallium Canada; Professor, Division of Palliative Care, Department of Family Medicine, McMaster University)
Project Team: Pallium Canada, Christopher Klinger PhD (Scientist, Pallium Canada)
Funding agency: Health Canada (Government of Canada). Contribution Agreement
Start: November 2020
Total funding: \$5 million (\$1 million per year for 5 years; 2021 to 2026)
- **Spread and Scale-Up of Pallium Canada's LEAP Program Across Canada. Li Ka Shing Foundation.**
Applicant: Jeff Moat (CEO, Pallium Canada),
Co-applicant: Dr. Jose Pereira (Scientific Officer, Pallium Canada; Professor, Division of Palliative Care, Department of Family Medicine, McMaster University)
Project Team: Jonathan Faulkner (VP Operations, Pallium Canada), Peggy Austin (Pallium Canada), Laura Ndoria (Pallium Canada),
Funder: Li Ka Shing Foundation
Funding start date: August 2020
Total funding: \$500,000 over 18 months
- **Virtual Delivery of Palliative Care Education (LEAP Online Self-Learning Modules) During the COVID-19 pandemic.**
Applicant: Jeff Moat (CEO, Pallium Canada)
Co-applicant: Dr. Jose Pereira (Scientific Officer, Pallium Canada; Professor, Division of Palliative Care, Department of Family Medicine, McMaster University)
Collaborators: Jonathan Faulkner (VP Operations, Pallium Canada), Peggy Austin (Pallium Canada), Robyn Levy (Pallium Canada), Stephanie Ferris (Pallium Canada), Brady Riordan (Pallium Canada).
Funder: Canadian Medical Association (CMA)
Funding start date: April 2020
Total funding \$500,000 over 24 months
- **Palliative Care Education for Canadian Respiriology Teams and Webinars Addressing Palliative Care Issues and Practices During the COVID-19 Pandemic**
Applicant: Jeff Moat (CEO, Pallium Canada)
Co-applicant: Dr. Jose Pereira (Scientific Officer, Pallium Canada; Professor, Division of Palliative Care, Department of Family Medicine, McMaster University)
Collaborators: Jonathan Faulkner (VP Operations, Pallium Canada), Robyn Levy (Pallium Canada), Stephanie Ferris (Pallium Canada), Brady Riordan (Pallium Canada).
Funder: Boehringer Ingelheim Pharma through unrestricted educational grant.
Funding start date: February 2019 for 23 months, until Dec 2021
Total funding: \$390,000
- **Pallium Canada: Developing Primary Level Palliative Care Capacity Through Education Across Canada**
PI: J Pereira (Scientific Officer), Gerald Savoie (Chair of the Board of Pallium Canada), Kathryn Downer (ex-National Director)
Funding agency: Health Canada (Government of Canada).
Start: September 2017
\$6 million over 3 years (2017 to 2019)
- **Improving End-of-life Care in the Community.**
PI: D Manual, D Sattler, F Burge

Co-Investigators: Bronskill, Susan E; Klinger, Christopher; Lawson, Beverley J; **Pereira**, Jose L; Tanuseputro, Peter; Urquhart, Robin L.

Tools to assist End of Life prognosticating.

Canadian Institutes of Health Research (CIHR) Operating Grant. Operating Grant: SPOR PIHCl

Network: Quick Strikes

September 2015

\$125,000.00 (1 year)

- **Pallium Program of Canada**
A national project to improve primary-level palliative care delivery through education and decision-making supports
Principle Investigators: **Pereira J. Chary S, Downer K.**
Primary-level palliative care education and clinical decision-making supports.
Health Canada
April 2014
\$ 3,000,000 (over three years; 2014-2017)
- **Cancer Care Ontario INTEGRATE Project**
Principle Investigators: **Pereira J.** MacKinnon M, Buchman S, Urowitz S.
Canadian Partnership Against Cancer (CPAC)
January 2014
\$ 1,000,000 (over three years; 2014-2016)
- **A Humanities-Based Supportive Program for Staff on the Palliative Care Unit**
Principal Investigators: Tucker T, Bouvette M
Co-Investigators: McKinnon M, **Pereira J.** Grassau P, Segal A, Elliott H, Hackbusch R, Marshall P, Weaver L
Bruyère Academic Medical Organization (BAMO) Research Innovative Fund
2013
\$ 30,058
- **A System to Manage Access, Referrals and Transfers (SMART) of Patients to Palliative Care Units Hospices in Ottawa**
Principle Investigators: **Pereira J, Green K**
Co-Investigators: Taillon P, Hogberg D, Peterson K, *Lawlor P, Gravelle D, Kachuik L
Ontario Ministry of Health and Long Term Care Innovation Fund.
(Administered by Bruyère Academic Medical Organization)
April 16, 2013
\$ 111,142.60
- **A System to Manage Access, Referrals and Transfers (SMART) of Patients to Palliative Care Units and Hospices in Ottawa e-Referral Platform**
Principle Investigator:
Champlain Local Health Integration Network (LHIN), Ottawa
2012-2013
\$ 33,150
- **Pallium Program Phase III**
A national project to improve primary-level palliative care delivery through education and decision-making supports

Principle Investigators: **Pereira J. Chary S**

Gillin Family Estate Donation

January 7, 2012

\$ 600,000

- **The preventative of exogenous melatonin administration in patients with advanced cancer who are at high risk of delirium: a feasibility study prior to a larger randomized controlled trial.**

Principal Investigators: Bush SH and Lawlor P

Co-investigator: Momoli F, LaPorte C, **Pereira J**

Collaborators: Elliott H, Tierney S, Allard P, Dasgupta M, Agar M, Currow D

Department of Medicine Developmental Research Awards Funds Program: 2011 Grants

University of Ottawa

January 2012-December 2012

\$ 20,800

- **Community-Based Primary Healthcare for People with Chronic Life-Limiting Conditions Meeting Grant**

Principal Investigator: Stajduhar KI

Co-investigator: Aoun S, Baxter S, Bryan S, Cohen S, Crooks V, Dumont S, Funk L, Grande G, Kelley M, Lau F, Longo C, **Pereira J.** Pesut B, Porterfield P, Reimer-Kirkham S, Sawatzky R, Tayler C, Thorne S, Todd C, Toye C.

Canadian Institutes of Health Research (CIHR) Meetings, Planning and Dissemination Grant :

Planning Grants (Priority Area: Community-based Primary Healthcare)

2011-2012

\$ 25,000

- **A Multicentre, Open-Label, Long-Term Efficacy and Safety Continuation Study of Subcutaneous Tetrodotoxin (Tectin™) for Moderate to Severe Cancer-Related Pain**

Principal Investigators: Hagen N, Lapointe B, **Pereira J.**

Co-investigators: Chasen M, et al.

WEX Pharmaceuticals Inc.

July 2011-March 2012

\$ 40,173

- **Difficult Discussion, Better Decisions: Improving End-of-Life Care Discussions**

Principal Investigators: J Pereira, Foreman T

Co-investigators: J Scott, T Foreman, P Wheately Price,

Ontario Ministry of Health and Long-Term Care Innovation Fund – Administered by the Ottawa Hospital Academic Medical Organization

April 2011-March 2012

\$9,072

- **Investigating the process of how expert-consult teams deliver home-based palliative care in 2 provinces**

Principal Investigator: Seow HY and Brazil K

Co-Investigators: Austin PC, Barbera L, Fainsinger RL, Fassbender K, Krahn MD, Marshall D, **Pereira J.** Sussman J

Canadian Institutes of Health Research (CIHR), Operating Grant

March 2011-2014 (3 years)

\$ 387,917

- **Teams Providing Consultation and Shared Care Services in Palliative Care**

- Principal Investigator
Canadian Institutes of Health Research (CIHR), Meetings Planning Dissemination Grant
February 2011-2012
\$ 22,832
- **Engaging Patients' and Families' Voices in Palliative Care Teamwork**
Principal Investigators: Hall P,
Co-investigators: Weaver L, Grassau P, **Pereira J.**, Dunbrack J, Globerman D
Bruyère Academic Medical Organization (BAMO) Incentive Funding 2010-2011
December 2010-2011
\$ 19,960
 - **Enhancing the Capacity of Primary Health Care Supporting Family Health Teams to Provide Palliative Care**
Principal Investigators: **Pereira J.** Gravelle DL
Co-investigators: Davidson D, Tucker T, Bouvette M, Boucher F, Kilbertus F, Montpetit M, Mercer J
Ontario Ministry of Health and Long term Care's Innovation Fund
(Administered by Bruyère's Academic Medical Organization)
2010-2013
Total over 3 years: \$ 315,749
 - **A Synthesis Of Instruments And Approaches To Evaluate Palliative Care Related Competencies**
Principal Investigator
Canadian Institutes of Health Research (CIHR), Knowledge Synthesis Grant: 2010
October 2010-September 2013
Can \$ 90,005
 - **Quality Palliative Care in Long Term Care Alliance: An Integrated Knowledge Translation Initiative**
Principal Investigator: Kelley ML, Baxter S, Chow P, McDonald L, Newhouse IJ, Wolfson S.
Co-investigators: Kozak JF, **Pereira J.** Poling M, Porterfield P, Wilson K, Brazil K, Cohen SR, Froggatt K, Hockley JM, Kaasalainen SJ, McAiney CA, Parker D, Sims-Gould J, Thompson GN, Wiersma EC.
Canadian Institutes of Health Research (CIHR), Knowledge Translation Supplement
October 2010-2011
\$ 99,945
 - **Evaluating the New Medical Undergraduate Palliative Care Curriculum at the University of Ottawa**
Principal Investigator: Bush SH
Co-investigators: **Pereira J.** Weaver L, Bhimji K, Hall P
Academy for Innovation in Medical Education (AIME), University of Ottawa
January 2010-December 2011
\$ 23,000 over 2 years
 - **Coached Simulated Patient Encounter: A Trial Across Multiple Specialty Programs**
Principal Investigator: Pereira J
Co-investigators: Grassau P, Barnes C, Bush S.
Medical Education Research Fund, Department of Medicine, University of Ottawa
2010-2011
Can \$ 25,000

- **Coached Simulated Patient Encounter: Pilot phase**
Principal Investigator: Pereira J
Co-investigators: Grassau P, Barnes C, Bush S.
Bruyère Academic Medical Organization (BAMO) Research Incentive Projects Fund
2010-2011
Can \$ 20,000
- **The Palliative Rehabilitation Program: Enhancing Appetite, Weight Gain and Quality of Life in Cancer Patients**
Principal Investigator: Chasen M
Co-investigators: **Pereira J.** ravelle D
Ottawa Regional Cancer Foundation.
November 2009
Can \$ 340,000 over 3 years
- **Coached Simulated Patient Encounter**
Principal Investigator: Pereira J
Co-investigators: Grassau P, Barnes C, Bush S.
University of Ottawa, Faculty of Medicine, Educational Initiatives in Residency Education Fund
2009-2011
Can \$ 33,000
- **Building a Community of Practice: An Interprofessional Faculty Development Workshop on End-of-Life Care/ Development d'un collectif de pratiques : Un atelier interprofessionnel à propos des soins de fin de vie.**
Principal Investigators: Brajtmann S, Hall P
Co-investigators: Fothergill-Bourbonnais F, McDonald C, Barnes P, **Pereira J.** Casimiro L, Hébert M, Alain D, Fiset V
University of Ottawa Interdisciplinary Initiatives Fund
2009
Can \$ 10,000
- **Palliative Flash and Palliative Focus**
Project Initiator and Leader.
A monthly information and educational pamphlet for all first-line workers in hospitals and nursing homes in Vaud and Geneva
Contonale Program de Soins Palliatifs, Santé Publique, Vaud, Switzerland
March 2007-February 2008
CHF 22,000
- **The factors of success of palliative care resource nurses in the canton of Vaud.**
Principal Investigator
Exploring the role of resources nurses in the canton and their impact on the delivery of palliative care in Vaud using a mixed methods research approach.
Contonale Program de Soins Palliatifs, Santé Publique, Vaud and the palliative care network programs of ARCOS, Switzerland
March 2007-December 2007
CHF 64,000
- **Video Reflexives en Soins Palliatifs (Educational video vignettes for palliative care education)**
Project Initiator and Leader.
Team: Currat T, Palliative Care Team, CHUV, Lausanne, Switzerland

Development of educational video vignettes to support palliative care education.
Fondation Pallium, Lausanne, Switzerland
September-November 2006
CHF 24,000

- **Identifying Palliative Care Patients in Two Rural Community Cancer Centres: Camrose and Lloydminster.**
Principal investigator: Fields A, Paquin MJ,
Co-investigators: **Pereira J**, Chobanuk J, Briggs C, Hoveland A, King S, Olson O, Smylie M, Taschuk P, Watanabe S, Winfield C
Alberta Cancer Board Medical Affairs & Community Oncology Division
July 2005-March 2006
\$ 7,575
- **Double-blind, randomized, controlled trial comparing olanzapine with haloperidol for the relief of nausea and vomiting in patients with advanced cancer: A multicentre study**
Principal Investigators: **Pereira J**, Brasher P, G Fyles
Co-investigators: Daenick P, Oneschuk D, Gagnon P, Fisher K
Canadian Institutes of Health Research (CIHR) Study # 130509
October 2004-October 2007
\$ 303,000
- **Palliative Care Interventional Trials Network.**
Principal Investigator: Gagnon P
Co-Investigators: Aubin M, Chochinov HM, Dumont S, Fillion L, **Pereira J**
Developing, evaluating and implementing new interventions in palliative care and building networks for randomized controlled trials in Canada.
Palliative New Emerging Teams. Canadian Institutes of Health Research (CIHR).
Beginning 2004; x 5years
\$ 271,560 per year x 5 years.
- **Undergraduate & Postgraduate Palliative Care Education Research at the University of Calgary.**
Principal Investigator
Introduce palliative care into the undergraduate and postgraduate curricula at the Medical School of the University of Calgary, Canada
Private donor
March 2004 - March 2005
\$100,000
- **Educating Future Physicians in Palliative and End-of-Life Care (EFPPEC) Project.**
Co-developer and development of initial concept: J Pereira, L Librach
Undergraduate and Postgraduate Palliative Care Education at Canadian Medical Schools. Joint project between Canadian Hospice Palliative Care Association (CHPCA) & Association of Canadian Medical Colleges (ACMC).
Implementing a palliative care team in each of Canada's medical schools to improve palliative care education (undergraduate)
Interdisciplinary Care Portfolio, Health Canada. Government of Canada. Administered by the Association of Canadian Medical Colleges and Canadian Hospice and Palliative Care Association.
Feb 2004- 2007
\$ 1. 25 million
- **Pallium Project: Phase II**

Principal Investigators: **Pereira J.** Aherne M

A Canadian National project to improve palliative care at the primary health care level.

Primary Health Care Transition Fund, Health Canada, Government of Canada

November 2003 – April 2008.

\$ 4.3 million

- **Zoledronic acid for management of hypercalcemia and malignant bone pain in the community: a feasibility study.**

Principal Investigator

Novartis Pharmaceutica

2004/2005

\$ 21,000

- **Randomized, double-blinded, controlled study of continuous subcutaneous infusion versus intermittent injections of morphine and hydromorphone.**

Principal Investigator: Watanabe S

Co-investigator: **Pereira J**

Alberta Palliative Care Research Initiative. Alberta Cancer Board.

March 2003-Sep 2004

\$ 5,000

- **Distance Palliative Care Course for Rural Family Medicine Residents**

Co-developer

Hybrid face-to-face and web-based learning course for family medicine residents who are undergoing their family medicine training entirely in rural areas.

Rural Physician Action Plan of Alberta (RPAP), College of Physicians and Surgeons of Alberta, Canada.

2002, 2004

\$ 13,500

- **Pallium Project**

Principal Investigator: **Pereira J.** Aherne M

Continuing Palliative Care Education In Rural And Remote Areas Of Alberta, Saskatchewan, Manitoba, And Northwest Territories.

Rural Innovations Fund, Rural Office, Health Canada, Government of Canada.

2001-2003

\$ 250,000

- **Internet utilization by breast cancer patients: a survey**

Principal Investigator

Hope Foundation Canada, Edmonton, Canada

1998

\$ 750

- **Pall Care EdNet Project**

Principal Investigator

Developing Online Palliative Care learning for Alberta Health Care Professionals

Learning Enhancement Envelope Grant. Government of Alberta. Canada

1998-2000

\$ 96,012

- **Academic Technologies in Learning Partnership Fellowship**

Principal Investigator
Role of new instructional technologies, including Internet, for learning & instruction
Academic Technologies for Learning, University of Alberta, Canada
1998-1999.
\$ 10,000

XV PUBLICATIONS

Peer-Reviewed Manuscripts

1. Seow H, Bainbridge D, Winemaker S, Stajduhar K, Pond G, Kortess-Miller K, Marshall D, Kilbertus F, Myers J, Steinberg L, Incardona N, Levine O, Pereira J. Increasing palliative care capacity in primary care: Study protocol of a cluster randomized controlled trial of the CAPACITI training program. *BMC Palliative Care*. Accepted Dec 2022. In print
2. Bush SH, Skinner E, Lawlor PG, Dhuper M, Grassau PA, Pereira JL, MacDonald AR, Parsons HA, Kabir M. Adaptation, implementation, and mixed methods evaluation of an interprofessional modular clinical practice guideline for delirium management on an inpatient palliative care unit. *BMC Palliat Care*. 2022 Jul 16;21(1):128. doi: 10.1186/s12904-022-01010-6. PMID: 35841014; PMCID: PMC9287908.
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11. **Pereira J**. Currat T. Evaluation de la Qualité de Vie en Soins Palliatifs. Palliative CH. 2007;4:32-37.
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13. **Pereira J**. Opioids: Use of Dose Conversion Tables in Palliative Medicine. Palliativmedizin SGIM. September Newsletter. Société Suisse de Médecine Interne/ Schweizerische Gesellschaft für Innere Medizin. September 2007.
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16. **Pereira J**. Que pouvons-nous apprendre de l'expérience canadienne ? Palliative CH. 2006;4:31-33.
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19. **Pereira J.** A narrative handbook in palliative care. *Journal of Pain and Symptom Management*. 2004; 27(6):565-566 (Invited Book Review).
20. **Pereira J.** Research in Palliative Care by Bruera E and Portenoy R. *Palliative Medicine*. 2004; 18(2):140 (Invited Book Review).
21. **Pereira J.** Best Evidence for Cancer Pain Management. *Journal of Pain Symptom Management*. 2003;25(1):92-93 (Invited Book review).
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Book Chapters

1. J Pereira. Cultura, gratitud y cuidados paliativos. Una reflexión personal. *Gratitud y Cuidados Paliativos. Un diálogo entre filósofos y clínicos*. Maria Arantzamendi, Mariano Crespo (eds). November 2022. ISBN 978-84-313-3804-6. Pp:43-54
2. Legassie J, Marshall D, Pereira J. Pain Management: Palliative Care. In *McMaster Textbook of Internal Medicine*. McMaster University Canada, and Kralow. Medycyna Praktycsna. <https://empendium.com/mcmtextbook/chapter/B31.II.22.19> Accessed June 27, 2022.
3. Pereira J, Panju M, Srivaratharajah K, Merali Z, Krajnik M, Sobanski P. Dyspnea in Palliative and End-of-Life Care. *McMaster Textbook of Internal Medicine*. Kralow. Medycyna Praktycsna. <https://empendium.com/mcmtextbook/chapter/B31.II.22.19> Accessed June 27, 2022.
4. **Pereira J.** Urinary Symptoms in Palliative Medicine: A Case Based Manual. Fourth Edition. Anne Boyle, Leonie Herx (eds) Oxford University Press. 2021. ISBN: 978019883700
5. **Pereira J**, Brodeur J. The Management of Bleeding in Palliative Care. In: *The Oxford Textbook of Palliative Medicine*. 5th Edition. N Cherny, M Fallo, S Kaasa, R Portenoy, D Currow (Eds.). Oxford University Press, Oxford, UK. 2015
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7. **Pereira J.** Pautex S. Clinical Management of Bleeding Complications. In: Geoff Hanks, Nathan I Cherny, Stein Kaasa, Russ Portenoy, Nicholas Christakis, Marie Fallon (eds.), *Oxford Textbook of Palliative Medicine*, 4th Edition. 2009:1613-1623 (ISBN-10 0-19-857029-5).
8. **Pereira J.** Informatics and Palliative Medicine. In: Geoff Hanks, Nathan I Cherny, Stein Kaasa, Russ Portenoy, Nicholas Christakis, Marie Fallon (eds.), *Oxford Textbook of Palliative Medicine*, 4th Edition. 2009:1093-1104 (ISBN-10 0-19-857029-5).

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14. Murray A, **Pereira J.** Non-opioids for Cancer Pain Management. Encyclopedic Reference of Pain. Springer-Verlag Press. 2004.
15. Fainsinger R, **Pereira J.** Clinical Decision Making in Anorexia and Cachexia. In Hanks, G, Doyle, D Cherny N, Calman K (eds), Oxford Textbook of Palliative Medicine, 3rd Edition. Oxford Press. Oxford United Kingdom. 2003.
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18. **Pereira J.** Palliative Care. Guide to Geriatric Medicine. In: Ratnaik RN, (eds). Roseville: McGraw-Hill Book Company Australia Pty Limited. 2001:867-889.
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22. **Pereira J.** Bruera E. Manual de Cuidados Paliativos de Edmonton. Edici (n especial para las II). Jornadas Nacionales de Cuidados Paliativos Bilbao. 1997.
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2. **Pereira J,** Giddings G, Parsons H (Principal Authors and Editors). The Pallium Palliative Pocketbook. Japanese Version. MEDSi Publishers.Tokyo, Japan 2017. ISBN: 978-4-89592-890-8
3. **Pereira J,** Giddings G, Parsons H (Editors). The Pallium Palliative Pocketbook: A Peer-reviewed, referenced resource. 2nd Edition. The Canadian Pallium Program, Ottawa, Canada. 2016: ISBN: 9780980975475
4. **Pereira J** (Principal author and editor). The Pallium Palliative Pocketbook: A Peer-reviewed, referenced resource (3rd Printing and E-Book version). The Canadian Pallium Program, Ottawa, Canada. 2013 (3rd printing) (ISBN: 978-0-9809754-0-6).
5. **Pereira J** (Principal author and editor). The Pallium Palliative Pocketbook: A Peer-reviewed, referenced resource. The Canadian Pallium Project Press, Edmonton, Alberta, Canada. 2010 (2nd printing) (ISBN: 978-0-9809754-0-6).
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7. Alberta Palliative Care Resource. **Pereira J.** Otfinowsky P, Hagen N, Bruera E, Fainsinger R, Summers N, (eds), Alberta Cancer Board. University of Alberta Press, Edmonton, Alberta Canada. July 1999.
8. Aid to Palliative Care (Japanese version). **Pereira J.** Bruera E, Ishitani K, (eds), Sapporo. Sentanigakush Publishers, Japan. 1999.
9. **Pereira J.** Bruera E. The Edmonton Aid to Palliative Care. Revised Edition. University of Alberta Press, Edmonton, Alberta, Canada. 1997.
10. **Pereira J.** Bruera E. The Edmonton Aid to Palliative Care. First Edition. University of Alberta Press, Edmonton, Alberta, Canada. 1996.

E-Publications

1. Pereira J, Zagar L, Oandasan I. College of Family Physicians of Canada. A Guide to Integrating Quality Improvement Into Family Medicine Residency Programs. Mississauga, ON: College of Family Physicians of Canada; 2021. Published November 2021.
2. The Pallium App. Pallium Program of Canada, Ottawa, Canada. Fall 2015
3. Doodles, Snippets and Courselets. Pallium Program of Canada, Ottawa, Canada. See at www.pallium.ca (2012-present)

Thesis

- PEREIRA, José Luis. "Building Primary Palliative Care Capacity Through Education at a National Level: Pallium Canada and its LEAP Courses". Centeno, C. y Galofre, J.C. (dirs.). Thesis doctoral. Universidad de Navarra, Pamplona, Spain 2021. Available at <https://hdl.handle.net/10171/63672> DOI: 10.15581/10171/63672
- **Pereira J.** The Development and Psychometric Assessment of an Instrument to Assess the Palliative Care Competencies. (Masters of Science in Medical Education Degree Thesis). Publisher: Library and Archives Canada, Ottawa, Ontario, Canada. 2007 (ISBN: 978049192566).

XVI PRESENTATIONS BY INVITATION: MAJOR ORAL AND KEYNOTE

International

1. Jose Pereira. Keynote Speech. "Building Primary Level Palliative Care Capacity at a National Level." Israel Palliative Care Association. Annual National Conference. Tel Aviv, Israel. 14 December 2022.
2. Howard M, Fikree S, Aliche I, Farag A, Siu H-Y-H, Baker A, Pereira J, Hosseini S, Grierson L, Vanstone M. Canadian Certificates of Added Competency in Palliative Care: A pan-Canadian qualitative study of roles and impact. Oral Presentation at: North American Primary Care Research Group (NAPCRG) 50th Annual Meeting (2022); November 18-22, 2022; Phoenix, AZ, USA. (Oral Presentation. Abstract Submission)
3. Jeff Moat (Canada), Jose Pereira (Canada), Max Watson (UK), Megan Doherty (Canada), Elizabeth Burpee(USA). "Democratizing Palliative Care Knowledge and Building Palliative Care Capacity: Project ECHO Learnings from Around the World". McGill International Palliative Care Conference. Montreal, Canada. 21 October 2022.
4. J Pereira. "When stopping is difficult". Barbados Palliative Care Association National Education Day. Barbados (Virtual presentation). Sept 12, 2021
5. J Pereira. "Breaking bad news" Understanding Diagnosis and Coping with Terminal Illness. Annual Conference of the Barbados Association of Palliative Care. Bridgetown, Barbados. Virtual conference. 12 Sept 2021.
6. J Pereira. "Palliative Care in Advanced Lung Disease." Interstitial Lung Disease in Focus. A Canadian/US Virtual Conference. Hosted by Boehringer Ingelheim Inc. Virtual Symposium for Respiriologists. Sept 28, 2020.
7. J Pereira. Management of Pain in Palliative Care, and Decision-Making in Palliative Care. Masters Degree Program in Palliative Care. Institute of Health Sciences, Catholic University of Portugal. Lisbon, Portugal. Sept 17-19, 2020
8. J Pereira. "Pivoting to Virtual Learning: The Canadian Experience". The European Palliative Care Education Program (EDUPALL), European Union's Erasmus Program. Seminars on "Novel teaching methods for palliative care education. Keynote presentation (Virtual). Bucharest, Romania. July 22, 2020
9. J Pereira." Palliative Care for All" ("Cuidados Paliativos Para Todos"). International Palliative Care Congress. Hosted by The Pan-American Association of Palliative Care (Asociación Panamericana de Cuidados Paliativos) and the University of Guadalajara, Mexico (Universidad Autónoma de Guadalajara, México). Playa del Carmen, Mexico. 21 November 2020 (presented virtually).

10. J Pereira. "Palliative Care Education for All Professionals: The Canadian Experience." (Formacion de profesionales de la salud en cuidados paliativos' Experiencia de Canada). MOOC virtual course. Hosted by The Pan-American Association of Palliative Care (Asociación Panamericana de Cuidados Paliativos) and the University of Guadalajara, Mexico (Universidad Autónoma de Guadalajara, México). Guadalajara, Mexico. 25 November 2020 (presented virtually).
11. Curriculum Design in Palliative Care Education. Workshop. International Conference of the Spanish Society of Palliative Care. Vitoria, Spain. 7 June 2018.
12. The Role of Palliative Care in the Health Care System. Keynote lecture. Barbados Palliative Care Association and Caribbean Palliative Care Association. Annual Conference. Bridgetown, Barbados 21 May 2018.
13. Essential Clinical Tips in Palliative Medicine. Lecture. Faculty of Medicine, University of the Western Caribbean, Barbados. 18 May 2018.
14. J Pereira. (Plenary). Building Primary-Level Palliative Care Capacity Through Education across Canada: The Pallium Canada Experience. 15th World Congress of the European Palliative Care Association. Madrid, Spain, 18 May 2017
15. "The Pallium Project of Canada: Developing a National Education Program.". Palliative Care Conference. Guadalajara University Annual Conference, Held in Playa del Carmen, Mexico. 2-4 November, 2016
16. "Palliative Care: A Systems Approach to Capacity Building". Palliative Care Colloquium. College of Physicians of Navarra, Pamplona, Spain. 10 Sept 2016
17. Pereira J, Downer K, Gravelle-Ray N, Pallium Canada and Bouvette, M, Bruyère Continuing Care. Pallium Public Education Awareness (1 day), Pallium LEAP Core Workshops (2 days), Pallium Train the Trainer (1 day), Cultural Adaptation of Pallium in Barbados (1 day), Bridgetown, Barbados. October 12 to 16, 2015.
18. Pereira J, Centeno C. Decision Making at the End-of-Life: Integrating The Art of Medicine and Pharmacology, Pathology, Diagnosis and Communication, Using Humanities and the Arts. Special Course for Medical Students from 1st Year to 6th Year. June 8 to June 12. University of Navarra, Pamplona, Spain (Visiting Professor). Sept 2015
19. Pereira J, Downer K, Gravelle-Ray, N. Pallium Canada. Innovations in Palliative Care Education Workshop, Dublin, Ireland. May 6th, 2015
20. "Other Symptoms: Emergencies in Palliative Care; Genito-Urinary Symptoms; Edema; Ascites; Electrolyte imbalances. Universidade Catolica Portuguesa, Instituto de Ciencias da Saude. April 10th and 11th, 2005. (New curriculum)
21. "Other Symptoms: Nausea and Vomiting; Anorexia and Cachexia; Delirium; Asthenia; Dyspnea and Respiratory Symptom. Masters Degree in Palliative Care. Universidade Catolica Portuguesa, Instituto de Ciencias da Saude. January 22-24th, 2005. (New curriculum)
22. "Abordaje del Deseo de Adelantar la Muerte" (An Approach to Patients who request hastening of death) Congreso Nacional de la Sociedad Española de Cuidados Paliativos, SECPAL 2014, Madrid, Spain, November 14, 2014. (Keynote)
23. "Sufriemento" (On the nature of Suffering). Congreso Nacional de la Sociedad Española de Cuidados Paliativos, SECPAL 2014, Madrid, Spain, November 14, 2014. (Keynote)

24. Advance Care Planning and End-of-Life Care: The Canadian Experience. Leaping Forward - International Clinical Congress. Hospital de Luz, Lisbon, Portugal, February 13, 2014.
25. Controllo de Dor. V Congresso Nacional de Cuidados Paliativos, Brazil e II Congresso Lusofono de Cuidados Paliativos International, Porto de Galinhas, Brazil, Portugal, October 11, 2013.
26. Redes de Assistencia em Cuidados Paliativos: Canada e Brasil. e II Congresso Lusofono de Cuidados Paliativos International, Porto de Galinhas, Pernambuco, Brazil. October 11, 2013.
27. Identificar competências em Cuidados Paliativos - uma experiência internacional. VI Congresso Nacional de Cuidados Paliativos / I Congresso Lusofono de Cuidados Paliativos. Porto, Portugal. October 12, 2012.
28. Education in Palliative Care. 3rd Brazilian Palliative Care Conference. Sao Paulo, Brazil. September 6, 2012.
29. Access to Palliative Care Services. 3rd Brazilian Palliative Care Conference. Sao Paulo, Brazil. September 6, 2012. (Keynote)
30. A diversity of learning methods: Selecting the right one for palliative care education, 19th Annual Moving Points in Palliative Care Conference, Our Lady's Hospice & Care Services and All Ireland Palliative Care Institute, Dublin, Ireland, March 15, 2012.
31. Palliation of End-stage Organ Disease, Joint Conference Thai Physicians Association of America (TPAA) 2012 – Walailak University (WU) Continuing Medical Education, Krabi, Thailand, February 14, 2012. (Keynote).
32. Caring for the Terminally Ill: Practical Tips and Evidence, Joint Conference Thai Physicians Association of America (TPAA) 2012 – Walailak University (WU) Continuing Medical Education, Krabi, Thailand, February 14, 2012.
33. Translating Knowledge into Changed Practice. All-Ireland Institute for Hospice and Palliative Care Launch, Dublin, Ireland, October 27, 2011.
34. Fainsinger R, Galloway L, Pereira J, Sinnarajah A, So You Think You Know How to Run a Palliative Care Unit: ICPC 2010 18th International Congress on Palliative Care, Montréal, Québec, October 6, 2010.
35. The Shared Care Model to support family doctors providing Palliative Care (*Partilha de cuidados em paliativos*); 10^o ENI e Jovens Médicos de Família e 16^o Congresso Nacional de Medicina Familiar DE Portugal, Funchal, Portugal, October 4, 2011. (Keynote Speaker)
36. Cuidados Paliativos, 10^o ENI e Jovens Médicos de Família e 16^o Congresso Nacional de Medicina Familiar de Portugal, Funchal, Portugal, October 3, 2011.
37. Top 20 Clinical Tips on caring for terminally ill patients (*Cuidados Paliativos: 20 dicas para tratar o doente paliativo*), 10^o ENI e Jovens Médicos de Família e 16^o Congresso Nacional de Medicina Familiar de Portugal, Funchal, Portugal, October 2, 2011.
38. Palliative Sedation: Distinguishing Appropriate and Good Palliative Care from Euthanasia, International Association of Catholic Bioethicists Colloquium on Palliative Sedation, Philadelphia, New York, United States, July 12, 2011.
39. Cuidados Paliativos: Tratamento da dor, Universidade Catholica Portuguesa, Madeira, Portugal, May 23-24, 2011.

40. Preparacao de um Projecto de investigacao (The Art of Preparing a Research Proposal), 12th Congress of the European Association for Palliative Care (EAPC), Lisbon, Portugal May 18, 2011.
41. Primary PC research and education around the world, 12th Congress of the European Association for Palliative Care (EAPC), Lisbon, Portugal May 18, 2011.
42. Ethics at the End of Life, 12th Congress of the European Association for Palliative Care (EAPC), Lisbon, Portugal May 18, 2011.
43. LEAP-Principios basicos da comunicacao com doente e familia, Situacoes problematicas de comunicacao em cuidados paliativos. Associacon Portuguesa de Cuidados Palliativos, Madeira, Portugal, October 18, 2010.
44. LEAP-Principios gerais do Controlo Sintomatico, Avaliacao e Controlo da dor. Associacon Portuguesa de Cuidados Palliativos, Madeira, Portugal, October 18, 2010.
45. Opioid Rotation. 3rd Congresso Interdisciplinar de Dor, Lisbon, Portugal, October 16, 2010.
46. Chasen M, Pereira J. Palliative Rehabilitation and Cancer Survivorship – An Oxymoron? Go Public: Global Leadership Forum For Cancer Control, Ottawa, Ontario, September 25, 2009
47. Treatment of cancer pain, Pharmacological management of cancer pain, and Barriers to pain management for cancer. 3rd International Latin American Course on Treatment of Cancer Pain, Buenos Aires, Argentina, September 4, 2009. (Keynote)
48. Education in Pain Management in Cancer Patients. 3rd International Latin American Course on Treatment of Cancer Pain, Buenos Aires, Argentina, September 4, 2009.
49. Education in Palliative Care. Seminars on Cancer Pain and Palliative Care, The Italian Hospital of Buenos Aires, Buenos Aires, Argentina, September 3, 2009.
50. Suffering and ethical dilemmas at the end of life. 1st Conference of Palliative Care in Portugal and Spain, Elvas, Portugal, April 17, 2009.
51. Pain and Symptom Management Workshops. Mahidol University Palliative Care Education Days, Mahidol University, Bangkok, Thailand, February 9-11, 2009.
52. Palliative Care: Emerging International Standards. Annual Conference of the Thai Medical Society, Bangkok, Thailand, February 11, 2009.
53. The Impact of Education on Palliative Care Delivery (presented in Portuguese). 4th National Conference of the Portuguese Association of Palliative Care, Carvoeiro, Portugal, October 17, 2008. (Keynote)
54. Delirium: Should Old Dogs Learn New Tricks?; 17th International Congress on Palliative Care, Montreal, QC, September 24, 2008
55. “Neuropsychology in Advanced Cancer: A Focus on Delirium”. Streza Palliative Care Lecture and Visiting Professor Series. Oncology Rounds, Department of Oncology, Cleveland Clinic, Cleveland, Ohio, United States, October 26, 2007. (Keynote)
56. Pereira J. “What happens when a University Hospital Allows Assisted Suicide Within Its Doors: The Experience of a Swiss University Hospital”. Streza Palliative Care Lecture and Visiting Professor Series. Internal Medicine Rounds, Department of Internal Medicine, Cleveland Clinic, Cleveland, Ohio, United States, October 25, 2007.

57. Delirium. 10th Masters in Palliative Medicine Degree Course, La Paz Hospital and Medical School, Madrid, Spain, October 20, 2007.
58. Challenges in Developing Palliative Care Programs. 10th Masters in Palliative Medicine Degree Course, La Paz Hospital and Medical School, Madrid, Spain, October 20, 2007.
59. Evaluating Education in Palliative Care: Why Bother? 10th Congress of the European Association for Palliative Care (EAPC) Budapest, Hungary, June 7-9, 2007. (Keynote).
60. "The selection of opioids in an elderly palliative population". 4th Congress of the European Union Geriatric Medicine Society. Geneva, Switzerland, August 25, 2006.
61. Best Poster Discussion Session. 4th Research Forum of the European Association for Palliative Care. Venice, Italy, May 26, 2006. (Chair).
62. "An Introduction to Grantsmanship: The Art of Preparing Research Grants". Pre-conference Education Workshop. Co-developer and presenter with Prof Mari-Lloyd Williams (United Kingdom). Dr. Penny Prasher (Canada) and Dr. Amy Abernathy (Australia and United States). 4th Research Forum of the European Association for Palliative Care. Venice, Italy, May 25, 2006.
63. "Selecting Between Opioids for Managing Palliative Pain: What is the Best Evidence?" (A Selección entre Opioids: Que nos aporta a investigación?) Xornada Técnica Presentación do Plan Galego de Cuidados Paliativos. Santiago de Compostela, Spain, April 25, 2006. (Keynote).
64. Palliative Care Education: An international perspective. Luxembourg Palliative Care Society and University, Luxembourg, February 24, 2007.
65. "Teaching Humanitarianism and Spirituality in Medical Education". Cleveland Clinic 10th Annual Palliative Care Conference, Sarasota, Florida, United States, March 23, 2006.
66. Master Class, "The Pathophysiology of Pain and the Selection of Appropriate Adjuvant Analgesics". Cleveland Clinic 10th Annual Palliative Care Conference. Sarasota, Florida, United States, March 23, 2006.
67. "Methadone for Cancer Pain: It's Practical Use" Cleveland Clinic 10th Annual Palliative Care Conference. Sarasota, Florida, United States, March 24, 2006.
68. Master Class, "Spiritual Care in Palliative Care". Co-presented with Dr. Nathan Cherny. Cleveland Clinic 10th Annual Palliative Care Conference. Sarasota, Florida, United States, March 23-24, 2006.
69. "Effective Pain Management: Practical Use of Methadone". 2nd National Conference of the Hospice and Palliative Care Association of South Africa. Cape Town, South Africa, December 2, 2005.
70. "Out from the Fringe and Into the Mainstream: Palliative Care Across the World". 2nd National Conference of the Hospice and Palliative Care Association of South Africa. Cape Town, South Africa, December 4, 2005. (Keynote).
71. Web-based Learning in Support of Palliative Care Education. 2nd National Conference of the Hospice and Palliative Care Association of South Africa. Cape Town, South Africa, December 4, 2005.

72. "The Impact of Palliative Care on Health Care Systems". VII Jornadas Nacionales de Cuidados Paliativos; I Jornadas Transfronterizas SECPAL-ANCP. Joint Conference of the Spanish and Portuguese National Palliative Care Associations. Caceres, Spain, October 27, 2005.
73. "Pedagogy, Practicalities and Politics in Palliative Care Education". Academic Palliative Care Rounds. University of Lausanne, Switzerland, January 14, 2005.
74. "Care, Capacity, Collaboration and Congruence: Four Pillars of Palliative Care Research." Academic Palliative Care Rounds. University of Lausanne, Switzerland, January 14, 2005.
75. Palliative Care Education: New Directions. Biannual National Palliative Care Conference, Zfat, Israel, May 19, 2005.
76. "Ethical Challenges in Palliative Care: Prognostication." 2nd National Palliative Care Conference of the Portuguese Association of Palliative Care. Lisbon, Portugal. November 19, 2004.
77. "North-South Partners Addressing AIDS in Africa. International Symposium. 15th International Congress on Care of the Terminally Ill. Montreal, Canada. Sept 19, 2004. (Keynote)
78. "Selecting between the opioids: What evidence can we rely on?" Palliative Care Rounds. South Adelaide Palliative Care Group (SAP). Adelaide, Australia, May 12, 2004.
79. Pereira J, Lyndon J, "Multimedia in Palliative Care Education". 2nd National Palliative Care Education Conference. Adelaide, Australia, May 14, 2004.
80. Cancer Pain: Epidemiology, Assessment and Management (2-day workshop). Masters in Palliative Care Program, University of Lisbon. Lisbon, Portugal, March 3-4, 2004.
81. "Opioid Switching". 2nd International Conference on Opioids. University of Bristol, Bristol, United Kingdom, February 26, 2004.
82. "Primary Health Research in Palliative Care". North American Primary Research Group (NAPCRG), 31st Annual Meeting. American Cancer Society, Banff, AB. Canada. October 28, 2003.
83. "What Can We Learn From Palliative Care in other countries?" University of Navarra, Pamplona, Spain, March 28, 2003.
84. "Scientific Basis for Opioid Conversion Ratios". Updates on Clinical Pharmacology of Opioids with Special Attention to Long-Acting Drugs Conference, Memorial Sloan-Kettering Cancer Centre, New York, NY, USA, May 4, 2003.
85. "The Internet Supporting Communities of Learning". 8th Congress of the European Association for Palliative Care. The Hague, Netherlands, April 4, 2003.
86. Cherny N, De Conno F, Ellershaw J, Kalso E, Pereira J. "Are We Killing Off Morphine?". 8th Congress of the European Association for Palliative Care. The Hague, Netherlands, April 3, 2003.
87. "Research and Evaluation Methodology: Assessment in Clinical Practice". 8th Congress of the European Association for Palliative Care. The Hague, Netherlands, April 2-5, 2003.
88. "New Paradigms in Palliative Care: The Palliative / Oncology Interface. Grand Rounds, Little Company of Mary Medical Centre, Pretoria, South Africa, November 15, 2002.

89. "E-Learning in Palliative Care". Department of Medicine, University of Cape Town, South Africa, November 14, 2002.
90. Developing a Framework for Palliative Care Education: Gaps, Challenges and Opportunities". Cape Town, South Africa, November 11, 2002.
91. Palliative Care Education. 2nd Congress of the Research Network of the European Association for Palliative Care. Lyon, France, May 24, 2002.
92. "The Role of Opioid Rotation to Enhancing Chronic Pain Management: A Debate". Chronic Pain Symposium, Scottsdale, Arizona USA, April 20-22, 2001.
93. Workshop on Web-Learning, Istituto Tumori, Scuola de Formazione Aggiornamento in Medicina Palliative (Italian Cancer Institute In Milano, Italy), Milan. Italy, June 25-26, 2001.
94. Anorexia and Cachexia: The Palliative Perspective. Annual Scientific meeting of the Portuguese Palliative Care Association, Porto, Portugal, June 7, 2001.
95. "Management of breakthrough pain". Presented at the Research & Development in Palliative Care, 1st Congress of the Research Network of the European Association for Palliative Care, Berlin, Germany, December 9, 2000.
96. "Standardized symptom assessment". Presented at the Research & Development in Palliative Care, 1st Congress of the Research Network of the European Association for Palliative Care, Berlin, Germany, December 8, 2000.
97. "Sedation, drowsiness, hallucinations". Presented at the Research & Development in Palliative Care, 1st Congress of the Research Network of the European Association for Palliative Care, Berlin, Germany, December 7, 2000.
98. "Assessment and management of severe symptoms in patients with cancer". American Society of Clinical Oncology Fall Education Conference, San Francisco, CA USA, November 7, 1999.
99. "The role of the WHO ladder in the management of neuropathic pain". 1st Conference of the Portuguese Palliative Care Association, Oporto, Portugal, October 16, 1998.
100. "Principios Gerais no Tratamento da Dor" (The general principles of cancer pain management). 10th Brazilian Congress of Oncology, Sao Paulo, Brazil, August 15, 1997.
101. "Fisiopatologia e sindromes dolorosas" (The pathophysiology of cancer pain). 10th Brazilian Congress of Oncology, Sao Paulo, Brazil, August 15, 1997.
102. "Cuidados Paliativos no Mundo" (Palliative Care in the world). First Brazilian Palliative Care Conference, Curitiba, Brazil, June 11, 1996.
103. Update on Cancer Pain Management First Brazilian Palliative Care Conference. Curitiba, Brazil, June 12, 1996.
104. "Side effects of opioids: neurotoxicity. maximizing symptom relief, minimizing fears", 15th Annual Scientific Meeting, American Pain Society, Washington DC, USA, November 15, 1996.

National

1. Pereira J. A Panorama of Palliative Care in Canada: The State of Palliative Care across Canada. Keynote presentation. An Interfaith Colloquium on Palliative Care. Canadian Conference of Bishops of Canada, Catholic Health Alliance, Pontifical Academy for Life at the Vatican, The Evangelical Fellowship of Canada. Ottawa, 29 Oct 2022.
2. Klinger, C., Gamble, B., Howard, M., Bloom, M., Centeno, C., Garralda, E., Henderson, D., Mangin, D., Marshall, D., Moat, J., Osborne, E., & Pereira, J. (2022). *Canadian Atlas of Palliative Care: Results and Learnings from the Pilot Study in Ontario* [Abstract]. Proceedings of the 2022 Hospice Palliative Care Ontario Annual Conference [Oral Presentation, Series One; Presenter: Klinger, C.; URL: <https://www.conference.hpco.ca/conference-schedule-2/>].
3. Moat J, Henningson N, Pereira J. The Palliative Care ECHO Project: A New Pathway for Continuous Online Professional Development. National Hospice Palliative Care Conference; Canadian National Hospice Palliative Care Conference. Ottawa; presented virtually. 21 October 2021. (Abstract Submission: Workshop).
4. Moat J, Pereira J. The Canadian Palliative Care Atlas: Mapping the Present To Meet Future Palliative Care Needs. National Hospice Palliative Care Conference; Canadian National Hospice Palliative Care Conference. Ottawa; presented virtually. 22 October 2021. (Abstract Submission: Workshop).
5. J Pereira. "Research in Palliative Care". Palliative Medicine National Academic Half-Days for Canadian Palliative Care Residents. Canadian Society of Palliative Care Physicians. Sept 22, 2021 (presented virtually).
6. J Pereira. "Research in Palliative Care". Palliative Medicine National Academic Half-Days for Canadian Palliative Care Residents. Canadian Society of Palliative Care Physicians. Sept 23, 2020 (presented virtually).
7. J Pereira. Moderator or Panelist. Pallium Canada's COVID-19 Webinar Series.
 - 7.1. J Pereira (host, co-organizer). E Gallagher (moderator) B Kerley, D Marshall (panelists). "PPE in the Home". Pallium Canada COVID-19 National Webinar Series. April 3, 2020. Available at <https://www.pallium.ca/pallium-canadas-covid-19-response-resources/#additional-resources>
 - 7.2. J Pereira (host, moderator, co-organizer). C La Riviere, F Bakewell, L Fischer (co-presenters and panelists). "End-of-Life Care in the ED for Patients Imminently Dying". Pallium Canada COVID-19 National Webinar Series. April 8, 2020. Available at <https://www.pallium.ca/pallium-canadas-covid-19-response-resources/#additional-resources>
 - 7.3. J Pereira (host, presenter, co-organizer). D Barwich, S Nayar (co-presenters). "Managing dyspnea in patients with COVID-19". Pallium Canada COVID-19 National Webinar Series. April 14, 2020. Available at <https://www.pallium.ca/pallium-canadas-covid-19-response-resources/#additional-resources>
 - 7.4. J Pereira (host, moderator, co-organizer). A Arya, E Osborne, P Rice, J Downar, S MacDonald. "Shortage of Palliative Medications During COVID-19 (panelists). Pallium Canada COVID-19 National Webinar Series. April 15, 2020. Available at <https://www.pallium.ca/pallium-canadas-covid-19-response-resources/#additional-resources>
 - 7.5. J Pereira (host, moderator, co-organizer). C Centeno, M Elliott, G Rodin, P Barnes. "Impact of the COVID-19 Pandemic on Palliative Care Professionals" (Panelists). Pallium Canada COVID-19 National Webinar Series. April 22, 2020. Available at <https://www.pallium.ca/pallium-canadas-covid-19-response-resources/#additional-resources>
 - 7.6. J Pereira (host, co-organizer). B Robert, S Kaasalainen, A Arya (panelists). "Palliative Care Approach in Long-Term Care during COVID-19". Pallium Canada COVID-19 National Webinar Series. April 27, 2020. Available at <https://www.pallium.ca/pallium-canadas-covid-19-response-resources/#additional-resources>

- 7.7. J Pereira (host, co-organizer). JD Henderson (moderator). N Dosani, R Horton, D Marshall (panelists). "Providing Virtual Palliative Care." Pallium Canada COVID-19 National Webinar Series. May 8, 2020
- 7.8. J Pereira (host, co-organizer). M Elliott, P Barnes. "The Psychological Impact of COVID-19 on Health Care Professionals: Acknowledging, Recognizing and Managing it" (panelists). Pallium Canada COVID-19 National Webinar Series. May 29, 2020. Available at <https://www.pallium.ca/pallium-canadas-covid-19-response-resources/#additional-resources>
- 7.9. J Pereira (host, co-organizer). A Abdul-Razzak, T Hiebert, E Kaya (panelists). "The State of Palliative in Hospitals During the COVID-19 Pandemic." Pallium Canada COVID-19 National Webinar Series. June 5, 2020. Available at <https://www.pallium.ca/pallium-canadas-covid-19-response-resources/#additional-resources>
- 7.10. J Pereira (host, co-organizer). JD Henderson, H Roth, S Singh, S Winemaker (panelists). "Palliative Care in the Home: Lessons from COVID." Pallium Canada COVID-19 National Webinar Series. June 15, 2020. Available at <https://www.pallium.ca/pallium-canadas-covid-19-response-resources/#additional-resources>
8. "The Power of Small Steps: Harnessing Quality Improvement Methods in Palliative Care". Annual Conference of the Canadian Hospice Palliative Care Association (CHPCA) 2019. 19 Sept 2019, Ottawa. Keynote Opening Speaker.
9. Frank Gavin, Fred Burge, Liisa Jaakkimanainen, Michelle Greiver, Jose Pereira. How Do Patients and Researchers Interact with Electronic Data Systems. (Panel presentation). 2019 Canadian Association for Health Services and Policy Research (CASPHR). Halifax, Canada. 29 May, 2019.
10. Keynote Presentation: "Where Compassion, Competencies and Humanity Meet." Family Medicine Forum; Annual Conference of the College of Family Physicians of Canada. Vancouver, Canada, 11 November 2016
11. The Pallium Canada LEAP Courses: A national interprofessional continuing development program. 8th National CPD Accreditation Conference of the Royal College of Physicians and Surgeons of Canada and the Collage of Family Physicians of Canada. Toronto, Oct 17, 2016.
12. Keynote Presentation: "At The Mercy of Funding Models and Performance Indicators." Annual Advanced Learning in Palliative Medicine Conference, The Society of Canadian Palliative Care Physicians, Ottawa, Canada. 10 May 2016. 12
13. Pereira J. Developing a Palliative Care System: Highlights from the Champlain Region. Health System Performance Research Network (HSPRN). Toronto, ON, December 1, 2015.
14. Pereira J, et al. LEAP Core two day workshop – Family Medicine Forum, Annual Conference. College of Family Physicians of Canada. Toronto, ON, November 13-14, 2015.
15. Pereira J. Peterborough Hospice community night "Euthanasia and Physician Assisted Suicide: It is not as Easy as It Sounds ". Peterborough Hospital Professional Education Day and Rounds "Hospice Palliative Care- Stop the Talk and Start the Walk". Peterborough, ON, October 22 and 23, 2015.
16. Pereira J. Responding to a Request to Hasten Death: Considerations and Implications for Palliative Care given the decision by the Supreme Court. Catholic Health Association of Ontario. Toronto, ON, October 1, 2015.
17. Pereira J, Bradley J, Hanvey L, Advance Care Planning and Goals of Care. Canadian Society of Hospital Medicine. Niagara Falls, ON. September 24, 2015.
18. Pereira J. Legalizing Euthanasia and Assisted Suicide: Not as Simple as it Sounds. Catholic Health Association of British Columbia, Coquitlam, BC, September 17, 2015.

19. Integrated Community Care Models: Palliative and End-of-Life Care. The Taming of the Queue: Improving Timely, appropriate care for patients in an aging society. A National Convention. Ottawa, ON. April 16, 2015.
20. From LEAP to Doodles, Snippets, and Apps: A Decade of Primary Care. 10th Annual Advanced Learning in Palliative Medicine Conference, Society of Canadian Palliative Care Physicians. Toronto, ON, May 29-31, 2014.
21. Pereira J. Buchman S, Teepol L. Learning Essentials Approaches to Palliative and End-of-Life Care: LEAP. Family Medicine 2013 Forum, College of Family Physicians of Canada. Vancouver, BC. November 7-9, 2013. (Workshop)
22. The ESAS. Rethinking Radiation Therapy for Metastatic Cancer. Canadian Education and Professional Development, Faculty of Medicine, University of Toronto. Toronto, Ontario, Canada. May 3, 2013.
23. Treatment of Breakthrough Pain in Cancer. Instanyl Common Drug Review, Canadian Agency for Drugs and Technologies in Health. Ottawa, ON, August 1, 2012.
24. Palliative Care as an alternative to Euthanasia (2-Day Course), Priests for Life Canada Symposium for Clergy: Ottawa, Ontario, April 17-18, 2012.
25. Palliative Sedation Therapy, 41st Annual Scientific and Educational Meeting “New Directions for Aging”, Joint Canadian Association of Gerontology and Pan American International Association of Gerontology and Geriatrics Meeting, Ottawa, Ontario, October 22, 2011.
26. Interactive Group Discussion: A series of stories on Palliative Care, Embassy West Senior Living, Charlottetown, Prince Edward Island, June 29, 2011.
27. Non-Cancer Patients: How are we addressing this in Palliative Care? 2011 PEI Palliative Care Conference, Summerside, Prince Edward Island, June 3, 2011.
28. Bouvette M, **Pereira J.** Wainwright W. Challenge Panel 7: Inter-professional Practice and Education: It takes more than two to tango. Canadian Hospice Palliative Care Association (CHPCA), 2010 National Conference. 27-31, 2010: Ottawa, Canada. [Invited Panel]
29. Euthanasia: Palliative and Hospice Care as an Alternative. Seminarians Pro-Life Congress, Hamilton, Ontario, September 2, 2010
30. Understanding Cancer Pain Syndromes: Current Approaches to Neuropathic and Breakthrough Pain. 23rd Annual Scientific Meeting of the Canadian Association of Radiation Oncologists, Quebec City, Quebec, September 30, 2009
31. Filion E, Lépine JM, Pereira J. Complicated or Uncomplicated Bone Pain? A Review of Case Scenarios. 23rd Annual Scientific Meeting of the Canadian Association of Radiation Oncologists, Quebec City, Quebec, September 30, 2009
32. Baxter S, Burge F, Pereira J. Muckle W, Knowledge Translation (KT) and how Knowledge is interpreted for Research, Clinical Practice and Policy. Canadian Hospice Palliative Care National Palliative Care Conference, Charlottetown, PEI, October 29, 2008
33. Pereira J. Kenney N, Ethical Issues and Decision Making in Hospice Palliative Care. What do we know and how do we proceed to help?, Canadian Hospice Palliative Care National Palliative Care Conference Charlottetown, PEI, October 28, 2008

34. Instruments and Frameworks to Evaluate the Outcomes of Undergraduate Palliative Care Education, Canadian Hospice Palliative Care National Palliative Care Conference, Charlottetown, PEI, October 27, 2008
35. Pereira J. Librach SL, When The Suffering Is Too Much (Panel). 5th Annual Advanced Learning in Palliative Medicine, Canadian Society of Palliative Care Physicians, Ottawa, ON, May 10, 2008
36. The Challenges Faced by a Palliative Care Service When Assisted Suicide is Allowed in a Hospital: Lessons from the Swiss Experience, 5th Annual Advanced Learning in Palliative Medicine Conference, Canadian Society of Palliative Care Physicians, Ottawa, ON, May 8, 2008
37. Atypical Neuroleptics in Palliative Care. Department of Oncology, St. Gallen Cancer Centre, St.Gallen, Switzerland, 9 Nov 2007
38. Instruments de mesure de la qualité de vie. Journée Annuelles de Palliative CH (Société Suisse de Médecine et de Soins Palliatifs). 20 Sept 2007. Winterthur, Switzerland.
39. Pereira J. Olsen K, Mixed Methods Research in Palliative Care. 2nd Research Conference of the Swiss Palliative Care Society's Research Network. St. Galen, Switzerland, 26 June 2007.
40. « Entre expertise universitaire et universalité de l'expertise. Perspectives de développement des soins palliatifs en Romandie ». Journée Annuelles de Palliative Valais (Société Valaise de Médecine et de Soins Palliatifs). Sion, 9 November 2006
41. Que Pouvons-Nous Apprendre De L'expérience Canadienne? Journée Annuelles de Palliative CH (Société Suisse de Médecine et de Soins Palliatifs). 17 Sept 2006. Neuchatel, Switzerland. (Keynote)
42. "Palliative Care: A Dignity-based response to Calls for Assisted Suicide and Euthanasia". Canadian Catholic Bioethics Institute Conference 2006. Calgary, Canada. 2 June 2006.
43. Palliative Care Education: Issues and Challenges. 1st National Symposium of the Educating Future Physicians in Palliative and End-of-Life Care Project. Saskatoon, Canada. 30 April 2005 (Keynote)
44. "The Disconnect Between What We Say and What We Do: A Threat to Integrated End-of-Life Care. Exploring Health and Healing. Calgary Health Region Conference. Kananaskis, Canada. 4 June 2005.
45. Librach L, Pereira J. Educating Future Physicians in Palliative and End of Life Care. Annual Meeting of the Association of Canadian Medical Colleges (ACMC). Halifax, Canada. 24 April 2004
46. "Palliative Care: A World Perspective". Fundao Palliative Care Program, Fundao, Portugal, November 23, 2002. (Keynote)
47. "What Palliative Education is Telling us". Society of Canadian Palliative Care Physicians. Residency Training Committee. Montreal, PQ. October 5, 2002.
48. Pereira J. Latimer E, Maddix T, "What do we do when we feel we have failed our patients and ourselves?" Canadian Palliative Care Association's National Conference. Victoria, BC. October 24, 2001.
49. Latimer E, Maddix T, Pereira J. "Exploring how our work shapes our inner and outer lives". Canadian Palliative Care Association's National Conference. Victoria, BC, Canada. October 23, 2001.

50. Difficult Cancer Pain Syndromes. Portuguese National Palliative Care Conference. Tomar, Portugal, Oct 26-27, 2001.
51. The Analgesic Menu: A Case Study Approach". Canadian Association of Pharmacist. Park Town Hotel, Saskatoon, SK. September 15, 2001.
52. Palliative Care: New Challenges. Canadian Association of Pharmacist. Park Town Hotel, Saskatoon, SK. September 14, 2001.

Provincial

1. Pereira J. Two Steps Forward or Three Steps Back? The Impact of the COVID-19 Pandemic on Palliative Care and Future Directions. Annual Palliative Care Conference. Northern Ontario School of Medicine (NOSM) University and Thunderbay Palliative Care Association. Thunder Bay, Ontario, Canada. 3 February 2023. Virtual Conference.
2. Pereira J. Morphine versus Hydromorphone: Debunking the Myths. Edmonton Zone Palliative Care Grand Academic Rounds. Edmonton; presented virtually. 29 October 2021
3. Pereira J. Morphine versus Hydromorphone: Debunking the Myths. Edmonton Zone Palliative Care Grand Academic Rounds. Edmonton; presented virtually. 29 October 2021
4. Keynote presentation. "Palliative Care Education: Navigating Needs, Pedagogy, Politics and Pragmatism." 16th Annual Innovations in Palliative Care. McMaster University. Hamilton, Canada. 27 Nov 2019
5. "Complex Symptom Management: The Role of Third Line Interventions." 5th Annual Palliative Care Education Day. 4 Oct 2019. LHEARN Centre, Lakeridge Health, Oshawa, ON
6. "Palliative Care: Why it is everyone's Business." 14th Annual Conference on Palliative and End of life Care. Markham, 14 May 2019. Keynote Address
7. "Quality Improvement and Research in Family Medicine". Keynote presentation. Research Day, Department of Family Medicine, University of Calgary, Canada. 14 March 2019.
8. J Pereira and M Bouvette. Integrating Palliative Care into the Healthcare System. Provincial Palliative Care Meeting, Fredericton, New Brunswick. Invited by the New Brunswick Ministry of Health. 26 Oct 2018. Keynote Presentation.
9. "Palliative Care: Building Primary Level Palliative Care Capacity Across All Settings and Diseases". 4th Annual Palliative Care Education Day. 24 Oct 2018. LHEARN Centre, Lakeridge Health, Oshawa, ON.
10. "Palliative Care: Its Everyone's Business. The Anderson Dickson Lecture, Department of Medicine, Dalhousie University, Halifax, Nova Scotia. Invited Speak 15 May 2018.
11. "Quality Improvement: Its Role in Family Medicine Residency." Annual Residents Research Day, Department of Family Medicine, University of Manitoba, Winnipeg. April 2018
12. "Developing a Culture of Curiosity at the Frontlines of Family Medicine in Canada. Research Group, Department of Family Medicine, University of Toronto, Toronto. 19 January 2017.
13. Keynote: "Who Provides Palliative Care?" 13th Annual Innovations in Palliative Care, Faculty of Medicine, McMaster University. 23 Nov 2016, Hamilton, Canada.

14. "What Research Has Taught Me." Keynote presentation. Research Day, Department of Family Medicine, University of Ottawa, Canada. 3 June 2016.
15. Hanvey L, Pereira J. Advance Care Planning and Goals of Care. (Workshop) 13th Annual Conference of the Canadian Society of Hospital Medicine. Niagara, ON 24 Sept 2015
16. Funding Considerations for Palliative Care Service in Ontario. Ontario Hospital Association - Palliative Care Conference. Toronto, ON. June 18, 2014.
17. System Perspectives on Palliative Care: Defining the Model and System Metrics. Ontario Hospital Association - Palliative Care Conference. Toronto, ON. June 18, 2014.
18. Honouring Goals of Care. Regional Palliative Care Conference. Orillia, ON, June 17, 2014.
19. Silos or Systems? The Impact on Decisions Made Today on Hospice Palliative Care Tomorrow. Hospice Palliative Care Ontario Annual Conference. Richmond Hill, ON, April 28-29, 2014. (Keynote)
20. Transitioning to Palliative Care: Starting the Conversation. Annual Scientific Assembly, Ontario Medical Association (OMA). Toronto, ON, November 28-30, 2013.
21. Pereira J, Buchman S. Top Ten Clinical Tips on Symptom Management for Patients with Advanced Cancer. Annual Scientific Assembly, Ontario Medical Association (OMA). Toronto, ON, November 28-30, 2013.
22. Changing Paradigm of Palliative Care. Academy of Medicine Ottawa, Town Hall: End of Life Care. Canadian Medical Association (CMA). Ottawa, Ontario, Canada. October 1, 2013.
23. Palliative Care. Ontario Medical Association (OMA) Council Policy Session: End-of-Life Care. Ontario Medical Association. Hamilton, Ontario, Canada. May 3, 2013.
24. Why, How, What, Who & When of Symptom Management – A New Approach. Oncology Grand Rounds, Cancer Care Ontario, London Health Sciences Centre, London Regional Cancer Program. July 23, 2013: London, Ontario
25. Palliative Care: From End-of-Life Care to Chronic Disease. Regional Geriatric Program of Eastern Ontario, Academic Rounds for Division of Geriatric Medicine. June 19, 2013: Ottawa, Ontario
26. Learning Essential Approaches to Palliative and End-of-Life Care (LEAP), 2-day Course, Whitehorse, Yukon, Canada, March 30-31, 2012.
27. Palliative care, end-of-life needs for families and patients. Breakfast and Learn Session. Ottawa Regional Cancer Foundation, Ottawa, Ontario, February 23, 2012
28. Hospice and Palliative Care: A Community Imperative. Hospice Care Ottawa, Ottawa, Ontario, Canada. February, 12, 2013.
29. Palliative Pain Management: An in-depth review (Part 1). Palliative Care Education for Family Physicians. Ottawa, Ontario Canada, January 31, 2013.
30. Learning Essential Approaches to Palliative and End-of-Life Care (LEAP) Day 3 Program. Ottawa, Ontario Canada, January 11, 2013.

31. Learning Essential Approaches to Palliative and End-of-Life Care (LEAP) Day 2 Program. Ottawa, Ontario Canada, December 7, 2012.
32. Learning Essential Approaches to Palliative and End-of-Life Care (LEAP), 2-day Course, Hospice of Windsor and Essex County Inc., Windsor, Ontario Canada, November 30-December 1, 2012.
33. Why, How, What, Who of Symptom Management - A New Approach. Department of Oncology, WRCP Oncology Rounds. Cancer Care Ontario. Windsor, Ontario, Canada. November 30, 2012.
34. Why, How, What, Who of Symptom Management – A New Approach. Oncology Rounds, Kingston General Hospital, Cancer Centre of Southeastern Ontario, Kingston, Ontario, Cancer Care Ontario. November 26, 2012.
35. Simultaneous Model of Palliative Care. Psychosocial Oncology Rounds (via teleconference across Ontario). Cancer Care Ontario. Ottawa, Ontario, Canada. November 26, 2012.
36. Sawka C, Pereira J. Current challenges facing Palliative Care in Ontario – Where to from here? Cancer Quality Council of Ontario and Cancer Care Ontario 2012 Programmatic Review: Palliative Care. Toronto, ON, July 23, 2012.
37. Pain and Symptom Management Guidelines, Cancer Care Ontario Surgical Oncology Leads, Cancer Care Ontario, Edmonton, Alberta, May 11, 2012.
38. A Tale of Two Regions: Differences between Ottawa and Edmonton, Palliative Care Rounds, Grey Nuns Community Hospital, Edmonton, Alberta, May 11, 2012.
39. Witness Presentation, The Wonder of The Sacraments, Nothing More Beautiful. Catholic Archdiocese of Edmonton, Edmonton, Alberta, May 10, 2012.
40. Developing Palliative Care Competencies for PSWs. LTC Alliance Initiation, Ottawa, Ontario, May 1, 2012.
41. Artificial Nutrition and Hydration: Clinical Challenges. Enlightening the Path: Ethical Issues at End of Life Conference, Bruyère Continuing Care, Ottawa, ON, November 30, 2011.
42. What is meant by Palliative Care, Patient and Family Advisory Council, Cancer Care Ontario, Ottawa, ON, November 28, 2011.
43. The Power of Community: Developing a regional hospice palliative care program and hospice services, Southeastern Ontario Palliative and EOL Care Network, Kingston, ON, November 15, 2011.
44. Panel Discussion: José Pereira, Sharon Reynolds, Derek Strachan, James Downar (Facilitator: Dori Seccareccia), University of Toronto/University Health Network: Palliative Care for the Non-Specialist: An education day for UHN staff, Toronto, Ontario, May 6, 2011.
45. Delirium and its Management, University of Toronto/University Health Network: Palliative Care for the Non-Specialist, Toronto, Ontario, May 6, 2011.
46. Pereira J and Rodin G. CIHR's Café Scientifique, Palliative Care: Where are we going? De Veber Institute. Toronto, Ontario, April 28, 2011.
47. Regional Palliative Program and our Integrated Plan for Hospice Services in Ottawa, Models of Care & Integration Networking Day, Central Hospice Palliative Care Network Conference, Newmarket, Ontario, April 27, 2011. (Keynote)

48. Pereira J, Contant J, Lefebvre S, Implementing a Regional Hospice Palliative Care Program in Ontario Using a Participative Approach: The New Champlain Program as a Case Study. Annual Hospice Palliative Care Conference, Toronto, Ontario, April 11, 2011.
49. Euthanasia and Assisted Suicide: Lessons from the Swiss Experience, Faculty of Medicine, University of Ottawa, Bioethics Medical Students, Ottawa, Ontario, March 31, 2011.
50. "Comfort Measures" in Medicine and Oncology Units: Good Practice or Self-Fulfilling Prophecy?, Medical Grand Rounds, Department of Medicine, University of Ottawa, Ottawa, Ontario March 30, 2011.
51. Lawlor P, Pereira J, Bouvette M, Delirium and Psychosocial Issues in Palliative Care, LEAP 1-day Educational workshop, Residence Saint-Louis, Orleans, Ottawa, Ontario, Canada, February 25, 2011.
52. "Top Ten" Clinical Tips in Palliative Care, Erie St. Clair ELC Network, Windsor and Chatham, Ontario, February 23, 2011.
53. Bloodworth M, Pereira J. The Ottawa Hospice Project, Champlain Local Health Integration Network (LHIN) Board Meeting, January 26, 2011.
54. Opioid Rotation: An Update on the Role / Evidence and Practices, Northern Ontario School of Medicine, Palliative Care Education Rounds, Lakehead Laurentian Medicine, Sudbury, Ontario, November 25, 2010.
55. The management of delirium in palliative care: a case of too little too late? The Centre for Education and Research on Aging and Health, Lakehead University, November 3-5, 2010: Thunder Bay, Ontario.
56. Anderson W, Davis G, **Pereira J**. Is it palliative sedation or just good symptom management? The Centre for Education and Research on Aging and Health, Lakehead University, November 3-5, 2010: Thunder Bay, Ontario.
57. The Role of Hospice Within a Regional Palliative Care Program, Friends of Hospice of Ottawa, Annual meeting Board of Directors, October 8, 2010
58. A New Method of Monitoring Patients on Palliative Sedation: The PASEF Instrument, Manitoba's Hospice and Palliative Care Annual Conference, Winnipeg, Manitoba, September 24, 2010.
59. Euthanasia and Palliative Care: Don't Confuse the Two, Manitoba's Hospice and Palliative Care Annual Conference, Winnipeg, Manitoba, Public Conference, September 23, 2010
60. Euthanasia and Physician Assisted Suicide: The Safeguard Illusion. Manitoba's Hospice and Palliative Care Annual Conference, Winnipeg, Manitoba. September 23, 2010 (Keynote)
61. The Role of Hospice Within a Regional Palliative Care Program, The Hospice at May Court Board of Directors, September 20, 2010
62. Quality End-of-Life Care: The Right of Every Canadian. Legatus Chapter, Toronto, Ontario, September 14, 2010
63. What Patients and Families Want and What We Offer: Congruence or Disconnect? Ottawa Hospice Palliative Care Network, 20th Annual Palliative Care Education Day, Ottawa, Ontario, May 7, 2010. (Keynote)
64. Cancer and Non-Cancer Palliative Care: Two Sides of the Same Coin? Nova Scotia Hospice Palliative Care Association Annual Conference, Stellarton, Nova Scotia, Canada, May 1, 2010. (Keynote)

65. Legalizing Euthanasia and Physician-Assisted Suicide: The Safeguard Illusion. Nova Scotia Hospice Palliative Care Association Annual Conference, Stellarton, Nova Scotia, Canada, April 29, 2010.
66. Palliative Sedation. Celebrating Oncology Nursing, The Ottawa Hospital, Ottawa, Canada, April 6, 2010
67. Working Under the Shadow of Legalized Assisted Suicide: Experiences and Lessons from Switzerland. Mary O'Connor Foundation Annual Palliative and Hospice Care Conference, Calgary Alberta, May 7, 2009
68. Sommerville M, Librach L, Pereira J, Vachon M, Dufour E (Panel Discussion). Assisted Suicide and Euthanasia in Canada. Ontario Hospice Palliative Care Conference, April 20, 2009
69. The Hospice Palliative Care Community's Response to Legislation of Assisted Suicide: Lessons from the Swiss Experience. Ontario Palliative Care Association and Hospice Association of Ontario, 2009 Ontario Hospice Palliative Care Conference, April 19, 2009
70. The Palliative Sedation Flowsheet (PASEF): A new instrument to guide the initiation, maintenance and monitoring of Palliative Sedation (PS). West Island of Montreal Palliative Care Hospice, April 1, 2009
71. Euthanasia: The European Experience and Implications for Palliative Care in Canada. Northern Ontario School of Medicine (via teleconference), Sudbury and Thunder Bay, Ontario, February 17, 2009
72. Pallium LEAP Course, Train the Trainer Workshop, HOPE Project Edmonton Alberta, October 24, 2008
73. What Dying Patients Want: How Can We Facilitate Transitions Despite Their Ambivalence? 5th Annual Education Day hosted by Ottawa Hospice Palliative Care Network, Ottawa, ON, May 16, 2008
74. "Delirium and Palliative Sedation". New Brunswick Hospice and Palliative Care Association Annual Meeting. Fredericton, NB. April 25, 2003.
75. "The Pallium Project: Reaching Out to Rural Primary Care". New Brunswick Hospice and Palliative Care Association Annual Meeting. Fredericton, NB. April 25, 2003.
76. Le temps, une option thérapeutique qui s'estompe, 18e congrès du réseau de soins palliatifs du Québec, Réseau de soins palliatifs du Québec, La vie qui prend son sens, Gatineau, QC, April 24, 2008 (Keynote)
77. Do we Really Know What Patients and Families Want, Need and Expect in End-of-Life Care? 15th Annual Ontario Provincial Conference on Palliative and End-of-Life Care. Toronto, Canada. 5 April 2005
78. Research in Palliative Care: An Overview of the Opportunities and the Challenges. Sunnybrook and Women's Centre for Health. Toronto, Canada. 18 Oct 2004.
79. Management of Delirium in Palliative Care". British Columbia Cancer Agency, Kelowna, BC. November 8, 2002.
80. "Delirium and Palliative Sedation In Oncology Setting", British Columbia Cancer Agency, Kelowna, BC. November 7, 2002.
81. "Cancer Pain Management: Considerations When Selecting An Analgesic Regimen". 12th Annual Provincial Hospice and Palliative Care Conference, Winnipeg, MB. September 19, 2002.

82. "Reflecting on the Work we do". 12th Annual Provincial Hospice and Palliative Care Conference, Winnipeg, MB. September 20, 2002. (Keynote)
83. "Managing Difficult Cancer Pain", Enhancing Chronic Pain Management with Opioids, The 2002 Conference. Whistler, BC. January 18 – 19, 2002.
84. Symptom Management: Dyspnea. Palliative Care Course for Physicians. Continuing Medical Education, University of Saskatchewan. Park Town Hotel, Saskatoon, SK. September 15, 2001.
85. "Anorexia and Cachexia: Calling on New Paradigms". Palliative Care Course for Physicians. Continuing Medical Education, University of Saskatchewan. Park Town Hotel, Saskatoon, SK. September 15, 2001.
86. Workshop, Pereira J. "Management of dyspnea in terminally ill patients". e 7th Annual Conference The Science and Art of Pain and Symptom Management. Continuing Education, Faculty of Medicine, University of Toronto, Toronto, ON. November 17, 2000.
87. Debate, Watanabe S, Pereira J, Librach L, Goldman R. This house believes opioid rotation is useful in palliative settings". Presented at the 7th Annual Conference The Science and Art of Pain and Symptom Management. Continuing Education, Faculty of Medicine, University of Toronto, Toronto, ON. November 17, 2000.
88. "The Edmonton palliative care program: goals, structure and outcomes". Medical School, Norwegian University of Science and Technology, Trondheim, Norway, September 27, 1999.
89. "The practice of palliative care: clinical and ethical considerations". Medical School, Norwegian University of Science and Technology, Trondheim, Norway, September 27, 1999.
90. "Methadone: Why the hype?" Saskatchewan Palliative Care Annual Conference, Prince Alberta, SK. May 13, 1999.
91. Delirium: A clinical dichotomy?" Saskatchewan Palliative Care Annual Conference, Prince Alberta, SK. May 13, 1999.
92. "Information and education on the Internet: palliative care (PalCare) case studies". Humber College, The 9th Annual Palliative Care Conference. Explore the Depths. Enhance the outcomes. Toronto, ON. April 10-13, 1999.
93. "Strategies to improve pain control: opioid rotation and the use of methadone". Canadian Society of Hospital Pharmacists Annual Conference. Saskatoon, SK. August 16, 1999.
94. "Case-based palliative care workshop: pain and symptom management". Treherne, MB. August 30, 1997. (Full Day Workshop)
95. Moderator, Pereira J. "Once daily sustained release morphine". Knoll Pharmaceuticals Meeting at the 8th World Congress on Pain, Vancouver, BC. August 17-22, 1996.
96. "A prescription for success in palliative care: a regional model". 7th Annual Conference and General Meeting of the Nova Scotia Hospice Palliative Care Association. Sydney, NS. June 6, 1996. (Keynote)

XVII PRESENTATIONS BY ABSTRACTS: POSTERS, ORALS & PUBLISHED ABSTRACTS

International

1. Howard M, Fikree S, Allice I, Farag A, Siu H-Y-H, Baker A, Pereira J, Hosseini S, Grierson L, Vanstone M. Canadian Certificates of Added Competency in Palliative Care: A pan-Canadian qualitative study of roles and impact. Oral Presentation at: North American Primary Care Research Group (NAPCRG) 50th Annual Meeting (2022); November 18-22, 2022; Phoenix, AZ, USA. (Oral Presentation. Abstract Submission)
2. SOR Blueprint 2: Strategic Direction of the College of Family Physicians of Canada's Section of Researchers for 2018-2023. Fortin M, Ramsden V, Hutchinson B, Pereira J, Menear M. 47th North American Primary Care Research Network (NAPCRG) Conference. 10 Nov 2019. Toronto, Canada.
3. Meadows L, Strudsholm T, Kljucic D, Riordan B, Provencher M, **Pereira J**. Implementing the palliative care approach: An analysis of Commitment to Change (CTC) Reflections by learners of the Canadian LEAP interprofessional courses. [Oral Presentation]. Annual International Conference of the North American Primary Research Group (NAPCRG). Chicago, United States of America. 11 Nov 2018.
4. **Pereira J**, Meadows L, Strudsholm T, Dragan K. Do Learners Implement What They Learn? An Analysis of Pallium Canada's LEAP Course Commitments-to-Change (CTC). 10th World Research Conference of the European Association of Palliative Care. Berne, Switzerland. 25 May 2018.
5. Kljucic D, **Pereira J**, Oandasan I, Palacios M. Do Canadian Family Medicine Trainees Provide Palliative Care To Their Patients After Three Years in Practice? 10th World Research Conference of the European Association of Palliative Care. Berne, Switzerland. 25 May 2018.
6. **Pereira J**, Kljucic D, Palacios M, Oandasan I. Do Canadian Family Medicine Trainees Intend to Provide Palliative Care To Their Patients After Graduation? [Poster]. 15th Congress of European Association of Palliative Care. Madrid, Spain. 19 May 2017.
7. **Pereira J**, Odete Carreira; Kathy Downer; Colleen Drake; Henrique Parsons; Gaele Parsons; Xavier Pereira; Brady Riordan; Lori Teeple. Building Primary-Level Palliative Care Capacity Across Canada: Pallium Canada's LEAP Courses, Products and Infrastructure (www.pallium.ca). Annual Conference of the North American Primary Care Research Group (NAPCRG). Colorado Springs, Colorado, United States. 14 November 2016 (Poster)
8. Dragan Kljucic, **Pereira J**. Is IT Use by Canadian Family Physicians Different in Urban Versus Rural Regions? Annual Conference of the North American Primary Care Research Group (NAPCRG). Colorado Springs, Colorado, United States. 14 November 2016 (Poster)
9. **Pereira J**, Aazad Abbas; Justin Chopra; Tara Cohen; Christopher A Klinger, PhD; Dragan Kljucic, MS; Xavier Pereira; Ioan Petculescu; Jill Rice. Do Family Health Clinics and Family Physicians Provide Primary-Level Palliative Care to Their Own Patients? A Need for Better Data in Ontario, Canada.). Annual Conference of the North American Primary Care Research Group (NAPCRG). Colorado Springs, Colorado, United States. 15 November 2016 (Poster)

10. **Pereira J**, Maryse Bouvette; Jill Rice; Jay Mercer, MD; Debbie Gravelle; Frances Kilbertus, CCFP, FCFP, MD; Dave Davidson; Christopher A Klinger, PhD; Tammy Tsang; Samantha Zinkie. "Yes We Can!": A Case Study of Family Health Teams (FHTs) Taking Ownership of Palliative Care. Annual Conference of the North American Primary Care Research Group (NAPCRG). Colorado Springs, Colorado, United States. 15 November 2016 (Oral)
11. Klinger C, Kachuik L, Welsh C, Foreman T, Scott J, Wheatley-Price P, Wooller K, & **Pereira J**. (2015). Enhanced End-of-Life Care Decision Making (EELCD): An Interventional Study toward Advance Care Planning and Difficult Discussions at Two Ontario Hospital Sites [Abstract Poster # 23]. Proceedings of the 5th International Conference on Advance Care Planning and End-of-Life Care (ACPEL): Munich (Germany), September 9 to 12, 2015. *BMJ Supportive and Palliative Care*, 5(Supplement 2), A 50 (poster).
12. Chasen M, Klinger C, Brundage M, Green E, Krzyzanowska M, Mahase W, Molloy S, Tabing R, Amernic Kurkjian S, Shabestari O, Bhargava R, **Pereira J**. Physician's Attitudes Toward Systematic Symptom Assessment and Management: Results from All Regional Cancer Centres in Ontario (Canada) [Abstract]. *Journal of Clinical Oncology*, 2015 ASCO Annual Meeting (May 29 - June 2, 2015). Vol 33, No 15_suppl (May 20 Supplement), 2015: e17678.
13. Klinger C, Campbell B, Kachuik L, Duval T, Teeter C, **Pereira J**. Performance Measurement and Quality Improvement in Palliative Care: Toward a Minimum Data Set for a Region in Ontario, Canada [Abstract]. Proceedings of the 14th World Congress of the European Association for Palliative Care (EAPC), May 8, 2015: Palliative Care – Building Bridges. *European Journal of Palliative Care*, Abstracts Booklet, 93.
14. **Pereira J**. Pallium Learning Essential Approach in Palliative and End-of-Life Care (LEAP). 12th Canadian Conference on Continuing Medical Education (CCME), 16th Ottawa Conference on Medical Education. Ottawa, ON, April 27, 2014.
15. **Pereira J**. Not Quite Right (NQR) Learning Videos: When Mediocrity May Be Better Than Perfection. 12th Canadian Conference on Continuing Medical Education (CCME)/16th Ottawa Conference on Medical Education. Ottawa, ON, April 27, 2014.
16. **Pereira J**. Doodles, Snippets, Mindmaps and Apps: Just in Time Online Learning Options. 12th Canadian Conference on Continuing Medical Education (CCME)/16th Ottawa Conference on Medical Education. Ottawa, ON, April 27, 2014.
17. **Pereira J**. Snippets, Doodles, Mind maps and Apps: Pallium Canada's Online Suite of Just-In-Time Learning and Clinical Support for Primary Palliative Care. 19th WONCA Europe Conference 2014. Lisbon, Portugal. July 2-5, 2014. [Workshop].
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28. **Pereira J.** Hall P, **Bush SH,** Weaver L, Rice J, Grassau P, Allen D, Ummel D, Ufholz LA, Tsang T, Zinkie S. A Systematic Review of Palliative Care Competency Assessment Instruments Related to Education. 8th World Research Congress of EAPC. Lleida, Spain. June 5-7, 2014. [Poster]
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63. **Pereira J.** Collins T, Palacios M. The Psychometric Properties of a Palliative Care OSCE Instrument to Measure Changes in Knowledge and Skills. 10th Congress of the European Association for Palliative Care (EAPC), Budapest, Hungary, June 7-9, 2007

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65. **Pereira J.** Aherne M. Accelerating Change In Complex, Public-Funded Health Systems: The Canadian Pallium Project. 10th Congress of the European Association for Palliative Care (EAPC), Budapest, Hungary, June 7-9, 2007 [oral]
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95. **Pereira J.** Vallee C, Aherne M. Virtual On-Line Journal Club. 14th International Congress on Care of the Terminally Ill, Montreal, PQ, Canada, October 7, 2002 [Oral]
96. **Pereira J.** Results of a Pilot Online Palliative Care Course. Abstracts of the 2nd Congress of the EAPC Research Network, Lyon, France, May 23-25, 2002
97. **Pereira J.** Web-Based Learning: Comparing Two Online Palliative Care Courses. Abstracts of the 2nd Congress of the EAPC Research Network, Lyon, France, May 23-25, 2002
98. **Pereira J.** Peden J, Campbell K. Instructional technology in medical education: lessons learned. *Journal of Telemedicine and Telecare (Special Supplement).* 2000; 6(S2):56-58.
99. **Pereira J.** Weissman DE. Instructional technologies (IT) in palliative care education: lessons learned. Presented at the 13th International Congress on Care of the Terminally Ill, Montreal, QC, Canada, September 29, 2000. *Journal of Palliative Care.* 2000; 16(3):76. [Workshop] [Oral]
100. **Pereira J.** Frank G. The information age: the challenge for palliative care. Presented at the 13th International Congress on Care of the Terminally Ill, Montreal, QC, Canada, September 28, 2000. *Journal of Palliative Care.* 2000; 16(3):74. [Workshop]
101. **Pereira J.** The opioid menu: considerations in selecting and switching. Presented at the 13th International Congress on Care of the Terminally Ill, Montreal, QC, Canada, September 27, 2000. [Workshop] [Oral]
102. **Pereira J.** Peden J, Campbell K, Gramlich K, Varnhagen S. "The Internet for rural education: a course on caring for the terminally ill. 4th WONCA World Rural Health Conference, Calgary, AB, Canada, August 17, 2000 [Poster Presentation] [Oral]

103. Tarumi Y, **Pereira J.** Watanabe S. The enigma and challenge of breakthrough pain in cancer patients. *Journal of Palliative Care*. 2000; 16(3):73.
104. **Pereira J.** Watanabe S, Lawlor P, Walker P. The opioid menu: considerations in selecting and switching. *Journal of Palliative Care*. 2000; 16(3):71.
105. Gagnon B, Lawlor P, Mancini I, **Pereira J.** Bruera E. Delirium impacts on the circadian patterns of breakthrough analgesia in advanced cancer patients. *Proceedings of American Society of Clinical Oncology*. 1999; 18:582a (Abstract # 2249).
106. **Pereira J.** Computerized systems in Palliative Care. VI Congress of the European Association for Palliative Care "Time -100 days before the year 2000", Geneva, Switzerland, September 24, 1999 [Oral]
107. **Pereira J.** The impact of the Internet on palliative care: time to take heed. VI Congress of the European Association for Palliative Care "Time -100 days before the year 2000", Geneva, Switzerland, September 24, 1999 [Oral]
108. **Pereira J.** Internet utilization by palliative care health care professionals: a survey. VI Congress of the European Association for Palliative Care "Time -100 days before the year 2000", Geneva, Switzerland, September 24, 1999 [Oral]
109. **Pereira J.** Peden J. The EdNet Project: online educational resources for palliative medicine. VI Annual Congress European Association for Palliative Care, Geneva, Switzerland, September 23, 1999 [Poster].
110. **Pereira J.** Peden J. The Palliative Care EdNet Project. Presented at the 1st International Congress on Telehealth and Multimedia Technologies Edmonton, Edmonton, AB, Canada, August 16-18, 1999 [Poster]
111. **Pereira J.** Watanabe S, Bruera E. Infection in a Palliative Care Unit. Abstract presentation, 9th International MASCC Symposium, Supportive Care in Cancer; St. Gallen, Switzerland. *Supportive Care in Cancer*. 1997; 5(2):153. [Poster]
112. Bruera E, **Pereira J.** Watanabe S, Suarez Almazor M, Hanson J. Utilization of tertiary cancer center services. Presented at the American Society of Clinical Oncology (ASCO) Annual Meeting, PA, USA, May 18-21, 1996 [Oral].
113. **Pereira J.** Bruera E, Watanabe S, Belzile M, Hanson J. Opioid rotation in patients with cancer pain: a retrospective comparison of dose ratios between methadone, hydromorphone and morphine. Presented at the International Hospice Institute's Eleventh Annual Symposium, Vancouver, BC, Canada, July 12-16, 1995 [Poster]

National

1. Moat J, Henningson N, Pereira J. The Palliative Care ECHO Project: A New Pathway for Continuous Online Professional Development. National Hospice Palliative Care Conference; Canadian National Hospice Palliative Care Conference. Ottawa; presented virtually. 21 October 2021. (Abstract Submission: Workshop).

2. Moat J, Pereira J. The Canadian Palliative Care Atlas: Mapping the Present To Meet Future Palliative Care Needs. National Hospice Palliative Care Conference; Canadian National Hospice Palliative Care Conference. Ottawa; presented virtually. 22 October 2021. (Abstract Submission: Workshop).
3. Klinger, C., Gamble, B., Howard, M., Bloom, M., Centeno, C., Downar, J., Garralda, E., Henderson, D., Mangin, D., Marshall, D., Moat, J., Park, M., Tsang, T., & Pereira, J. (2021). *Canadian Atlas of Palliative Care – Pilot Study: Hindsight, Insight and the Road Ahead* [Abstract]. Proceedings of the 2021 Virtual Conference of the Canadian Association for Health Services and Policy Research: [Oral Presentation, Concurrent Session A; URL: <https://cahspr.ca/wp-content/uploads/2021/05/CAHSPR-Program-May14-2021.pdf>], May 2021.
4. Pereira J, Park H-J. Top Ten Publications in Palliative Care 2019. Advanced Learning in Palliative Medicine (ALPM) Annual Conference of the Society of Palliative Care Physicians of Canada. National Canadian Virtual Conference. Feb 26, 2021.
5. Pereira J, Gamble B, Howard M, Centeno C, Garralda E, Henderson D, Levine O, Mangin D, Marshall D, Moat J, Tsang T, Klinger C. Developing a Canadian Atlas of Palliative Care: Methodological Learning to Date. Advanced Learning in Palliative Medicine (ALPM) Annual Conference of the Society of Palliative Care Physicians of Canada. Virtual Conference. Feb 26, 2021. [Presenter C Klinger]
6. Oandasan I, Fowler N, Pereira J, Nardi L. Creating Indicators: Is Canadian Family Medicine Education Making the Grade? (Workshop F332). Vancouver, BC. Nov 1, 2019
7. Pereira J, A Salekeen, D Snelgrove. The Status of Quality Improvement in Family Medicine in Canada. (Poster). Family Medicine Forum (FMF) National Conference. Vancouver, BC. Oct 30, 2019
8. Pereira J, Burge F, Jaakkimainen L, Greiver M, Pereira J. (co-panelist) Panel Discussion: “How do patients and researchers interact with electronic data systems? Annual conference of the Canadian Association for Health Services and Policy Research (CAHSPR). Halifax, NS. May 29, 2019
9. Pereira J. Getting a Piece of the Pie: The CFPC’s Practice Improvement Initiative (Pii). (Workshop T185). Family Medicine Forum (FMF) National Conference. Toronto, ON Nov 15, 2018
10. Parbtani A, Orawa M, Witty M, Snelgrove D, Pereira J. Research and Quality Improvement (QI) for Beginners: Exploring QI and the Research Interface. (Workshop T267). Family Medicine Forum (FMF) National Conference. Toronto, ON Nov 15, 2018
11. Pereira J. Quality Improvement (QI) Debut: Harnessing QI for Practice Improvement. (Workshop T184). Family Medicine Forum (FMF) National Conference. Toronto, On. Nov 16, 2018
12. Brown C, Tanuseputro P, Hsu A, Kendall C, Marshall D, Pereira J, Prentice M, Rice J, Seow H, Smith G, Ying I. How are physician delivering palliative care? (Poster Presentation).
13. Jose Pereira, David Henderson, Denise Marshall, Kathryn Downer, Maryse Bouvette, Dragan Kljucic, Mone Palacios, Lynn Meadows, Tina Strudsholm, Henrique Parsons. Pallium Canada’s Palliative Care Approach LEAP CORE Course: Evidence of Impact. Advanced Learning in Palliative Care, Annual Conference of the Canadian Society of Palliative Care Physicians. May 30, 2018.
14. Glen Maddison, Jose Pereira, Mary Lou Kelley, Jill Marcella, Benoit Robert, Daphna Grossman, David Henderson, Varughese J, Lynn Meadows, Tina Strudsholm. **Pallium Canada’s Palliative Care Approach LEAP LTC Course for Long Term Care (LTC): Evidence of Impact**. Advanced Learning in Palliative Care, Annual Conference of the Canadian Society of Palliative Care Physicians. May 30, 2018.

15. Jose Pereira, Lori Teeple, Robert Sauls, Gordon Giddings, Sandy Buchman, Ingrid Harle, Srini Chary, Dragan Kljucic, Lynn Meadows, Tina Strudsholm. **Pallium Canada's Palliative Care Approach LEAP MINI Course: Evidence of Impact.** Advanced Learning in Palliative Care, Annual Conference of the Canadian Society of Palliative Care Physicians. May 30, 2018.
16. Valerie Schultz, Vanita Jassal, Jose Pereira, Lori Teeple, Hesham Shaban, Chandra Thomas, Jane Ridley, Robert Sauls, Dragan Kljucic, Lynn Meadows. **Pallium Canada's Palliative Care LEAP RENAL Course: Evaluation of the Pilots.** Advanced Learning in Palliative Care, Annual Conference of the Canadian Society of Palliative Care Physicians. May 30, 2018.
17. **Pereira J.**, Klinger C, Bouvette M, Rice J, Gravelle D, Kilbertus F, Mercer J, Davidson D, Tsang T. & Miller K. (2015). *Enhancing the Capacity of Ottawa Academic Family Health Teams (AFHTs) to Provide Palliative Care* [Abstract]. Proceedings of the 2015 Health Quality Ontario Health Quality Transformation Conference [Poster 104]. Metro Toronto Convention Centre, Toronto, Ontario: October 14, 2015 (poster).
18. Klinger C., Wentlandt K., Urowitz S., Walton T., Chahal M., Zwicker V., López Morales M., Miller K., Knapp A., Cohen T., & **Pereira J.** (2015). *Palliative Care Units in Ontario: A Review of Current In-Patient Beds and Services* [Abstract]. Proceedings of the 2015 Canadian Hospice Palliative Care Conference: New Challenges – New Horizons: Moving Forward [Poster]. The Westin Ottawa: October 29 - November 1, 2015 (poster)
19. **Pereira J.** Hall P, Bush SH, Weaver L,, Rice J, Grassau P, Allen D, Ummel D, Ufholz L-A, Zinkie S. A Systematic Review of Instruments That Assesses Palliative Care Competencies. Abstracts of the Canadian Conference on Medical Education. April 20-23, 2013. Quebec, Canada. Med Educ. 2013 May;47 Suppl 1:2-128; OA3-1 Page 8.
20. Tucker T, **Pereira J.** Grassau P, Barnes C, Hall P, Bush SH, Gravelle N, Bekele E. The Coached Simulated Patient Encounter (C-SPE): A Study to Explore Its Educational Role in End-of-Life Care Across Residency Programs. Abstracts of the Canadian Conference on Medical Education. April 20-23, 2013. Quebec, Canada. Med Educ. 2013 May;47 Suppl 1:2-128. OA5-6; Page 15
21. Bush SH, Palacios M, Yarmo MN, Sinden D, **Pereira J.** The validation and feasibility of using a Modified Richmond Agitation-Sedation Scale (RASS) instrument in palliative care inpatients: a pilot study. Canadian Hospice Palliative Care Association (CHPCA), 2010 National Conference. 27-31, 2010: Ottawa, Canada. [Poster]
22. Palacios M, **Pereira J.** Lyndon J. Preparing Palliative Care Educators for Online Facilitation: Results of An International Course. Oral presentation, National Conference of the Canadian Hospice and Palliative Care Association; 2005 September 26; Edmonton, Alberta, Canada. Journal of Palliative Care. 2005; 21(3):226.
23. **Pereira J.** van Wijk L, Baracos V, Faria M. Do Canadian Palliative Care researchers Feel Comfortable with their Research Skills? A National Survey. Poster presentation, National Conference of the Canadian Hospice and Palliative Care Association; 2005 September 26; Edmonton, Alberta, Canada. Journal of Palliative Care. 2005; 21(3):226.
24. **Pereira J.** Murray A, Wedel R, Lyndon J, Palacios M. Psychospiritual Learning: Results from a Distance Course for Rural Family Medicine Residents. Poster presentation, National Conference of the Canadian Hospice and Palliative Care Association; 2005 September 26; Edmonton, Alberta, Canada. Journal of Palliative Care. 2005; 21(3):226.
25. **Pereira J.** Wedel R, Murray A, Collin T, Galloway L, Lyndon J, Palacios M. Rural Family Care Education: Results of a Hybrid Distance Course for Rural Family Medicine Residents. Oral presentation, National Conference of the Canadian Hospice and Palliative Care Association; 2005 September 26; Edmonton, Alberta, Canada. Journal of Palliative Care. 2005; 21(3):225.

26. Syme A, Fyles G, Karmali K, Sutcliffe S, Boston P, Paquin MJ, **Pereira J.** Baracos V, Fields A, Fainsinger R. ABC Oncology Hospice Palliative Care: A Capacity-Building Collaboration Project. Oral presentation, National Conference of the Canadian Hospice and Palliative Care Association; 2005 September 26; Edmonton, Alberta, Canada. *Journal of Palliative Care.* 2005; 21(3):211.
27. Hanson G, Aherne M, **Pereira J.** Aboriginal Clients and Families: Providing Quality Care by Respectfully Engaging Diversity. Oral presentation, National Conference of the Canadian Hospice and Palliative Care Association; 2005 September 26; Edmonton, Alberta, Canada. *Journal of Palliative Care.* 2005; 21(3):207.
28. Baxter S, Lapointe B, O'Connor M, Randall Wood D, Aherne M, Pereira J. Boyar A. International Cooperation in Palliative Care: Is Twinning for you? Oral presentation, National Conference of the Canadian Hospice and Palliative Care Association; 2005 September 26; Edmonton, Alberta, Canada. *Journal of Palliative Care.* 2005; 21(3):201.
29. Hall P, Oanderson I, Syme A, Librach L, **Pereira J.** Interprofessional Collaboration and Learning: From Theory and Research to Practice (A workshop). Oral presentation, National Conference of the Canadian Hospice and Palliative Care Association; 2005 September 26; Edmonton, Alberta, Canada. *Journal of Palliative Care.* 2005; 21(3):198.
30. Gagnon P, Fillion L, **Pereira J.** Chochinov H. Interventions to Enhance Spiritual Aspects of Dying. National Conference of the Canadian Hospice and Palliative Care Association; 2005 September 26; Edmonton, Alberta, Canada. *Journal of Palliative Care.* 2005;21(3):193.[oral]
31. Collin T, Lawson D, **Pereira J.** A Primer in Education Research: Measuring Knowledge, Attitudes and Skills in Palliative Care Education. Oral presentation, National Conference of the Canadian Hospice and Palliative Care Association; 2005 September 26; Edmonton, Alberta, Canada. *Journal of Palliative Care.* 2005; 21(3):193.
32. Collin T, **Pereira J.** Wedel R, Palacios Mackay M, Lyndon J, Galloway L. Murray A. Objectives Structured Clinical Examination Stations (OSCEs) For Testing And Learning Palliative Care Competencies: Logistics And Psychometrics. 1st National Canadian Symposium of Palliative Care Educators: Educating Future Physicians in Palliative and End-of-Life Care, Saskatoon, Canada, April 29-30, 2005 [Poster]
33. **Pereira J.** Collin T, Boyar A. Mapping and Integration: The Approach to Improving Palliative Care (Pc) Content in the University of Calgary's (U of C) Undergraduate Curriculum. 1st National Canadian Symposium of Palliative Care Educators: Educating Future Physicians in Palliative and End-of-Life Care, Saskatoon, Canada, April 29-30, 2005 [Poster]
34. Murray A, **Pereira J.** Wedel R, Palacios Mackay M, Lyndon J, Collin T. Spirituality, Hope, Suffering and Self-Awareness: What Family Medicine Residents think of these in the Curriculum. 1st National Canadian Symposium of Palliative Care Educators: Educating Future Physicians in Palliative and End-of-Life Care, Saskatoon, Canada, April 29-30, 2005 [Poster]
35. Gallagher R, **Pereira J.** Aherne M. The Development, Implementation and Evaluation of an Interprofessional Regional Weekend Course for Primary Health Professionals: The Pallium Regional Course. 1st National Canadian Symposium of Palliative Care Educators: Educating Future Physicians in Palliative and End-of-Life Care, Saskatoon, Canada, April 29-30, 2005 [Poster]
36. **Pereira J.** Beyond the "Opioid Rotation versus Dose Reduction" Debate. Canadian Palliative Care Association's National Conference, Victoria, BC, Canada, October 21-24, 2001 [Oral]

37. **Pereira J.** Chen C. When Midazolam Fails. Canadian Palliative Care Association's National Conference, Victoria, BC, Canada, October 21-24, 2001 [Oral]
38. **Pereira J.** Distance education in palliative care: why and how? Canadian Palliative Care Association's National Conference, Victoria, BC, Canada, October 21-24, 2001 [Workshop] [Oral]
39. **Pereira J.** Do palliative care web sites get utilized? Tracking activity on www.palliative.org. Poster presentation, Canadian Palliative Care Conference; 1999; London, Ontario, Canada. *Journal of Palliative Care.* 1999; 15(3):70.
40. **Pereira J.** Hycha D, Peden J. Into the next millennium: utilizing new instructional technologies in palliative care. Concurrent Session (Education). Presentation of three projects. 1999 Canadian Palliative Care Conference, October 4, 1999; London, Ontario, Canada. *Journal of Palliative Care.* 1999;15(3):67. [Oral]
41. **Pereira J.** Palliative patients on the Internet: opening Pandora's box? 1999 Canadian Palliative Care Conference, October 4, 1999; London, Ontario, Canada. *Journal of Palliative Care.* 1999;15(3):64. [Oral]
42. Brenneis C, Lawlor P, Oneschuk D, **Pereira J.** Taube A, Bruera E. The interaction between family physicians and a regional palliative care program: results of a survey. Concurrent Session. Canadian Palliative Care Conference; 1999; London, Ontario, Canada. *Journal of Palliative Care.* 1999;15(3):62.

Provincial & Key Local

1. **Pereira J,** Downer K, Riordan B. E-Learning: Keeping up with the new generation. 2015 Annual Conference. Hospice Palliative Care Ontario (HPCO). Richmond Hill, Ontario. 19 April 2015
2. Downer K, **Pereira J,** Gravelle-Ray N. National Approach to Palliative Care Education: Building a Harmonized Suite of Courses Across the Continuum of Care -Lego Style. 2015 Annual Conference. Hospice Palliative Care Ontario (HPCO). Richmond Hill, Ontario. 20 April 2015.
3. **Pereira J,** Welch C. Enhanced End-of-Life Care Decision Making (EELCD): Furthering Communication Flow and Patient and Caregiver Satisfaction in the Hospital Setting. 2015 Annual Conference. Hospice Palliative Care Ontario (HPCO). Richmond Hill, Ontario. 21 April 2015.
4. Urowitz S, Walton T, Buchman S, McKinnon M, **Pereira J.** To What Extent Do Family Practices Provide Palliative And End-Of-Life Care In Ontario? 2015 Annual Conference. Hospice Palliative Care Ontario (HPCO). Richmond Hill, Ontario. 21 April 2015.
5. **Pereira J,** Klinger C, Wentlandt K, Walton T, Lopez M, Urowitz S. Inpatient Palliative Care Units And Beds In Ontario: A Current State Assessment. 2015 Annual Conference. Hospice Palliative Care Ontario (HPCO). Richmond Hill, Ontario. 21 April 2015.
6. Klinger C, Chasen M, Brundage M, Green E, Krzyzanowska M, Mahase W, Molloy S, Tabing R, Amernic H, Kurklian S, **Pereira J.** Systematic Symptom Assessment And Management: An Ontario Study Of Cancer Care Professionals' Views. 2015 Annual Conference. Hospice Palliative Care Ontario (HPCO). Richmond Hill, Ontario. 21 April 2015.
7. Klinger C, Kachuik L, Foreman T, Scott J, Wheatley-Price P, Welsh C, Wooller K, **Pereira J.** *Enhanced End-of-Life Care Decision Making (EELCD): Preliminary Results from an Advance Care Planning Study at The Ottawa Hospital* [Abstract; Runner-Up: Best Poster Award Health Science and Physiology]. Proceedings of the 7th

Annual Postdoctoral Research Day, University of Ottawa Faculty of Medicine's Postdoctoral Association. Ottawa, Canada, May 2015.

8. **Pereira J.** Buchman S, The INTEGRATE Project: A Cancer Care Ontario Initiative to Integrate Palliative Care Earlier in the Illness and Across Settings. Hospice Palliative Care Ontario Annual Conference. Richmond Hill, ON, April 28-29, 2014.
9. **Pereira J.** Abedi C, The Champlain Regional Hospice Palliative Care Program: A Review of Three Years of Initiatives. Hospice Palliative Care Ontario Annual Conference. Richmond Hill, ON, April 28-29, 2014.
10. **Pereira J.** Green E, Improving the Patient Experience Through Better Cancer Symptom Management - Lessons Learned from a Large Scale Improvement Collaborative. Hospice Palliative Care Ontario Annual Conference. Richmond Hill, ON, April 28-29, 2014.
11. **Pereira J.** Bouvette M, The Champlain Palliative Pain and Symptom Management Service (PPSMCS) Academic Family Health Team (FHT) Palliative Care Project: Rebuilding Family Medicine Capacity and Involvement. Hospice Palliative Care Ontario Annual Conference. Richmond Hill, ON, April 28-29, 2014. [Poster].
12. **Pereira J.** Greene K, Lawlor P, Peterson K, Sullivan L, Zinkie S, Miloff H, The SMART Project: A System to Manage Access, Referrals and Triage to Hospice and Palliative Care Beds. Hospice Palliative Care Ontario Annual Conference. Richmond Hill, ON, April 28-29, 2014. [Poster].
13. **Pereira J.** Barnes C, The Coached Simulated Patient Encounter (C-SPE): Exploring Its Role in Palliative Care Education for Medical Residents. Hospice Palliative Care Ontario Annual Conference. Richmond Hill, ON, April 28-29, 2014
14. **Pereira J.** Zinkie S, Bush SH, Hall P, Weaver L, Rice J, Allen D, Ummel D, Lapointe B, Ufholz LA, Grasseau P. A Systematic Review of Palliative Care Education Assessment Instrument. Academy for Innovation in Medical Education (AIME), University of Ottawa, Medical Education Day 2013. Ottawa, Canada. April 5, 2013. [Poster]
15. French Merkley V, Archibald D, Eisner-Parsche P, Lerhe M, **Pereira J.** Institute-Wide e-Learning for Physicians: Closing the Quality-Safety Gap. Regional Geriatric Program of Eastern Ontario, Annual General Meeting. October 18, 2013: Ottawa, Ontario [Poster]
16. French Merkley V, Archibald D, Eisner-Parsche P, Lerhe M, **Pereira J.** Stodel E. Continuing professional development using eLearning modules: An overview. Regional Geriatric Program of Eastern Ontario, Annual General Meeting. October 18, 2013: Ottawa, Ontario [Poster]
17. Mohamed M, Hall P, **Pereira J.** Weaver L, Grassau P, Bekele E, MacNaughton K. Real Life Research 101: Engaging Patients' and Families' Voices in Palliative Care Teamwork. Academy for Innovation in Medical Education (AIME) Annual Medical Education Day 2012, 2012 March 23; Ottawa, Ontario, Canada. Conference Proceedings, 2012:12. [Poster]
18. Bush SH, Hall P, Bhimji K, Grassau P, Weaver L, **Pereira J.** Evaluating the New Medical Undergraduate Palliative Care Curriculum at the University of Ottawa. Academy for Innovation in Medical Education (AIME) 4th Annual Medical Education Day, April 15, 2011: Ottawa, Ontario, Canada. AIME Conference Proceedings, 2011; p.6. [Oral]
19. **Pereira J.** Opioid Rotation: Fact or Fiction. 10th Annual Palliative Care Conference. Session 2000 - Complex Pain Issues, Toronto, ON, Canada, March 26, 2000 [Oral]

20. Lynch J, **Pereira J**. Information and education on the Internet: palliative care (PalCare) case studies. Humber College 9th Annual Palliative Care Conference. 1999 April 10-13; Toronto, Ontario, Canada. *Journal of Palliative Medicine*. 1999;2(1):135 (1000-A).
21. **Pereira J**. Cancer Pain: Impact of palliative care consults on family physicians prescribing patterns. Poster presentation: 43rd Annual Scientific Assembly of the Alberta Chapter, College of Family Physicians of Canada, Banff, AB, Canada. March 25, 1998 [Oral]
22. **Pereira J**. The Edmonton palliative care homepage - a resource for primary care physicians. Poster presentation: 42nd Annual Scientific Assembly of the Alberta Chapter, College of Family Physicians of Canada, Banff, AB, Canada, February 27, 1997 [Oral].
23. **Pereira J**. The reversibility of delirium in terminally ill cancer patients. 7th Annual Palliative Care Conference. Humber College, School of Health Sciences, Toronto, ON, Canada, April 14, 1997 [Oral]
24. **Pereira J**. A palliative care homepage on the Internet. Poster presentation: 7th Annual Palliative Care Conference. Humber College, School of Health Sciences, Toronto, ON, Canada, April 15, 1997 [Poster]
25. **Pereira J**, Macmillan K, MacKay S. "Drug prescribing patterns by primary care physicians: an audit". 9th Annual Palliative Care Conference, Education and Research Days, Edmonton, AB, Canada, September 22-23, 1997 [Poster]
26. Watanabe S, **Pereira J**. Fentanyl by continuous subcutaneous infusion for the management of cancer pain. Poster presentation: Canadian Palliative Care Conference, Saskatoon, SK, Canada, September 22-23, 1997 [Poster]
27. **Pereira J**. The use of the Folstein Mini-Mental State Examination in a palliative care unit: its role as a determinant of frequency and clinical course of cognitive impairment and as a prognosticator for discharge. Presented at the Eight Annual Palliative Care Conference; Education and Research Days, Edmonton, AB, Canada, October 9-10, 1996 [Poster]
28. **Pereira J**, Watanabe S. A retrospective study of antibiotic use on a palliative care unit. Poster. Presented at the Seventh Annual Palliative Care Conference: Education and Research Days, Edmonton, Canada, October 19-20, 1995 [Poster]
29. **Pereira J**, Bruera E, Watanabe S, Belzile M, Hanson J. Equianalgesic dose ratios of methadone, hydromorphone and morphine. Presented at the Seventh Annual Palliative Care Conference: Education and Research Days, Fantasyland Hotel, Edmonton, AB, Canada October 19-20, 1995 [Poster]

XVIII SCHOLARLY AND HEALTH SERVICES ACTIVITIES: OTHER

Media

- Jose Pereira. "Palliative Care: A Misunderstood Field". Radio broadcast and Podcast. The ID Dialogues (InfectiousDialogues) McMaster Medical Students <https://podbay.fm/p/the-id-podcast> (A radio show and podcast produced by McMaster medical students, featuring interesting topics of medicine – the stories of

medicine and the people behind them. Posted July 26, 2020. Access at [Palliative Care - The Misunderstood Middle Child from The ID Podcast | Podcast Episode on Podbay](#)

- Jose Pereira. Featured in the College of Family Physicians of Canada's 'The Value of Family Medicine and Primary Care Research.' November 2020. Available at: <https://youtu.be/m70yRsUGDZU>
- **Jose Pereira. Innovations and more health care training needed in palliative care. Global News, CTV. June 8, 2016** <http://globalnews.ca/news/2747577/innovations-in-palliative-care-could-improve-access-for-canadians/>

Editorial Boards

- Editorial Advisory Board: Palliative Medicine. 2009 to present.
- Editorial Board, PDQ Supportive Care in Cancer: National Institutes for Health, Bethesda, MD, United States. 2001-2005

External Reviewer

2021

- Journal Palliative Medicine
- Palliative Medicine
- Scientific Reports
- Canadian Geriatrics Journal
- Cancer
- Journal of Supportive Care in Cancer
- Oncology and Therapy

2020

- BMC Palliative Care
- Journal Palliative Medicine
- Palliative Medicine
- Healthcare

2019

- BMC Palliative Care
- Journal Palliative Medicine
- Palliative Medicine
- Current Oncology

Over the years have served multiple times as external reviewer for publications submitted to several journals, including:

- Palliative Medicine (International Editorial Board). 2003-present
- Journal of Palliative Medicine
- Journal of Palliative Care
- Current Oncology
- Canadian Family Medicine
- Supportive Care in Cancer
- Journal of Pain and Symptom Management

- BMC Palliative care
- Journal of the Canadian Medical Association (CMAJ)
- Have served as external reviewer for multiple program reviews and research and project grants, for different organizations, including the CIHR.

National, Provincial and Regional Committees and Projects

- Member. COVID-19 Evidence Network to Support Decision-Making (COVIDEND). National workgroup working on optimizing the production and enhancing the uptake of Canadian Guidelines for COVID-19 Work Group. Convened and Chaired by John Lavis and Jeremy Grimshaw.
- Member. Pan-Canadian Palliative Care Research Collaborative (PCPCRC). 2019 – to present. (Developing research collaborations across Canada).
- Providing coaching and collaboratives to support OHTs in adopting a population-health management approach. Invited by the Rapid Improvement Support and Exchange (RISE) Program to serve as Subject Matter Expert on Palliative Care. Feb 24 2021. Virtual meeting.
- Working Group. Canadian Inter-Disciplinary Palliative Care Competencies Framework. Hosted by Canadian Partnership Against Cancer (CPAC). Sept 24, 2020 (Virtual Meeting).
- Development of Ontario Health Teams (OHTs). Invited by the Ontario Ministry of Health and Rapid Improvement Support and Exchange (RISE) Program to serve as Subject Matter Expert on Palliative Care. York University, Toronto, ON. Feb 20, 2020
- Strategic Plan Consensus Workshop. Canadian Institutes of Health Research (CIHR). By Invitation; represented the Canadian College of Family Physicians of Canada (CFPC) in my capacity as Research Director of the CFPC. Sept 10 & 11, 2019. Ottawa, ON.
- National Health Research Summit. Canadian Institutes of Health Research (CIHR). Strategic Plan By Invitation. Represented the Canadian College of Family Physicians of Canada (CFPC) in my capacity as Research Director of the CFPC. Sept 10 & 11, 2019. Ottawa, ON.
- Models of Care Working Group. Ontario Palliative Care Network (OPCN), Cancer Care Ontario. 2018
- Quality Hospice Palliative Care Coalition of Ontario, Member, December 2010 to 2015.
- Hospice Care Ottawa Board: Ex-officio Board member 2013 -2015
- Member, President's Advisory Panel on End-of-Life Care, Ontario Medical Association, 2013 to 2014
- Member, Health Quality Ontario Expert Advisory Panel on End-of-Life Care, 2013 to 2014.
- Swiss Palliative Care Society (SSMSP), Education Working Group. Co-Chair. June 2006 to 2008.
- Regional Hospice Palliative Care (HPC) Project - Transitional Leadership Group (TLG). (2010) Co-Chair.
- Champlain Integrated Hospice Palliative Care (HPC) Program Planning Council.

Co-Chair, September 2009 to July 2010.

- Champlain Hospice Palliative and End-of-Life Care (HPEOLC) Network. Member. 2008 to 2010.
- Member: International Collaboration Committee, Canadian Hospice Palliative Care Association. 2003 to 2005
- Vice President: Board of the Canadian Hospice and Palliative Care Association. 2003 to 2005
- Member: National Advisory Committee for the Canadian Virtual Hospice Project. 2001 to 2003
- Member. Task Force on Distance Learning and E-learning. Faculty of Medicine, University of Calgary, Calgary, Alberta, Canada. August 2002 to November 2003
- Physician Leader: Palliative Care Network Initiative, Alberta Cancer Board, Alberta, Canada. 2002 – 2004.
- Member: Clinical Practice Standards Committee, Calgary Regional Palliative Care Program, Calgary, Alberta, Canada. 2003 – 2005.

Government Agencies and Advocacy

- Pereira J. Palliative Care in Canada. House of Commons, Government of Canada. House Committee on Health Workforce. Expert Witness deposition. 27 April 2022
- Invited advisor: Expert advice to Associate Assistant Minister of Health (Mr. Daniel McGrowder), Strategic Policy Branch, Health Canada. Improving Primary Care in Canada: Measurement and Continuous Improvement. 31 May, 2021
- Pereira J. Bill 3, An Act Providing for the Development of a Provincial Framework on Hospice Palliative Care. Standing Committee on General Government. Legislative Assembly of Ontario. 24 November 2020. Expert Witness deposition.
- **Member of the Board of Director, African Palliative Care Association (APCA).** Kampala, Uganda. 2015 to 2022
- Working Group Member. Ontario Palliative Care Network (OPCN): **Palliative Care Health Services Delivery Framework. Recommendations for a Model of Care to Improve Palliative Care in Ontario** – Focus Area 1: Adults Receiving Care in Community Settings. Published April 2019
- Committee member. **Central East Regional Palliative Care Steering Committee (CERPCSC).** Network to support coordinated, standardized approach for the delivery of hospice palliative care services in the Central East region. (Nov 2017 to 2019)
- Pereira J, Savoir G. Funding for Palliative Care. Presentation to the Canadian Government's Federal Standing Committee on Finance, Pre-Budget Committee. 31 October 2017.
- Pereira J, Savoir G. Expert Witness and Brief to the Canadian Senate's Social Affairs, Science and Technology (SOCI) Committee deliberations on Bill C-277. 19 Oct 2017.
- Member, Hospice Palliative Care Provincial Steering Committee, Ministry of Health and Long-Term Care of Ontario, Declaration of Partnership initiative, 2010 to 2012.

- Member, Clinical Council of the Provincial Declaration of Partnership, Ontario (2014)
- Programme Soins Palliatifs, Sante Publique, Canton Vaud, Switzerland. (2006-2007)
Canton of Vaud Health Ministry, Consultant:
 - Establishment of Palliative Care Minimal Data Set for Canton of Vaud,
 - Establishment of Palliative Care Benchmarks and Standards for Canton of Vaud,
 - 2006-2007
- Education Working Group, Secretariat for Palliative and End of Life Care, Health Canada. (2002-2005)
Co-Chair
- Board Member: PDQ Supportive Care in Cancer; National Cancer Institute (NIH), Bethesda, Maryland, United States 2001 to 2005

Conference Planning Committees and Research Review Panels

- Innovations Day 2021, Planning Committee. Division of Palliative Care, Department of Family Medicine, McMaster University.
- McMaster 3-Days in Palliative Care Conference 2021. Division of Palliative Care, Department of Family Medicine. McMaster University.
- Member. Family Medicine Forum (FMF) 2018 Conference Committee.

Have served on several conference planning committees and research review panels, including for the European Association for Palliative Care (EAPC) General Conference Abstract Review Committee, and the International Congress on Palliative Care Research Committee, Montreal, Quebec, Canada.

Supervisor, Advisor or Examiner

Have supervised numerous Masters and PhD Degree Candidates as well as Post-Doc fellows and served on thesis reviews committees of such learners over the years. A list is available upon request. These have included students and candidates from the following universities:

- University of Ottawa, Canada
- Universidade Catolica Portuguesa, Lisbon, Portugal
- Department of Palliative Care, University of Wales, Cardiff, Wales
- Faculty of Medicine, University of Cape Town, Cape Town South Africa
- University of Calgary, Alberta, Canada
- University of Bristol, United Kingdom
- Institut Universit  Kurt Busch (IUKB), Sion, Switzerland
- University of Alberta, Edmonton, Canada.

XIX MEMBERSHIPS PROFESSIONAL SOCIETIES: CURRENT

- College of Family Physicians of Canada (CFPC)
- Ontario College of Family Physicians (OCFP)
- Canadian Medical Association (CMA)
- Ontario Medical Association (OMA)
- Canadian Society of Palliative Care Physicians (CSPCP)
- Canadian Hospice Palliative Care Association (CHPCA)
- European Association of Palliative Care (EAPC)

XX COMMUNITY VOLUNTEER ACTIVITIES

- Member, Board of Governors, Ottawa Regional Cancer Foundation. 2008 to 2011
- Soccer Trainer: Gloucester Hornets U14/U16/U17 Soccer Team: 2011-2014.
- Soccer Coaching. Scenic Acres Community Soccer Association; Calgary, Canada. Under 6-10 Indoor Soccer Teams. 2003-2005
- Soccer Coaching. Scenic Acres Community Soccer Association; Calgary, Canada. Under 6-10 Outdoor Soccer Teams. 2002-2005
- Portuguese Community Centre Committee. Member, Calgary, Canada. 2002-2005